

NEWS RELEASE

FOR IMMEDIATE RELEASE

April 16, 2019



Contact:

Diana L. Klink
Office: 757.514.4104
Mobile: 757.359.1845

Tim Kelley
Office: 757.514.4103
Mobile: 757.871.3039

SUFFOLK SENIOR GAMES 2019

Suffolk, VA (April 16, 2019) Calling all Active Older Adults 55 and up! Join us on May 8th through May 10th from 9 a.m. to 2 p.m. at the Whaleyville Community Center, 132 Robertson Street, and show us your skills at our Suffolk Senior Games. In participating in this year's games, you will engage in a wonderful social activity where you can display your athletic talents and abilities. The games that will be offered are Pickle Ball, Wii Bowling, Billiards, Basketball Free Throw, Walk/Run and many more! Lunch will be available for purchase each day.

The Senior Games are open to all residents in Virginia and North Carolina 55 years of age or older. To participate, you must complete a registration form and pay the required fee. Registration Fee: \$ 10.00 (includes one-time fee for events and t-shirt).

For information regarding the Senior Games of 2019, visit the East Suffolk Recreation Center at 138 S. 6th Street, or call Janice Myrick, Recreation Specialist, at (757) 514-4500.

###