

NEWS RELEASE

FOR IMMEDIATE RELEASE _____

November 1, 2019



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What's Happening in Suffolk This Week

Monday, November 4

Medicare Benefits Counseling

Receive information and advice from a counselor about applying for Medicare, Medicaid, or Medicare Part D from 1 p.m. to 3 p.m. at the Morgan Memorial Library, 443 West Washington Street. Please bring Medicare card, photo identification, and a list of all current medications in order to complete appointment. Registration is not required, but participants are encouraged to call ahead to reserve their time slot with the counselor. Call Sam Mizelle at 757.328.4217 to reserve your appointment. These services are free and confidential.

Monday, November 4

Historic Suffolk Narrated Bus Tour

See Suffolk through the eyes of years gone by. Suffolk's rich heritage dates back to the early 17th century when Captain John Smith first encountered the Nansemond Indians on the Nansemond River. Guided by a Suffolk historian, you meet the people and places that made Suffolk the City it is today. Highlights of this windshield tour include Cedar Hill Cemetery, Riddick's Folly House Museum, Constant's Wharf, College Court and Suffolk's historic Lakeside neighborhood. This tour departs from the

Suffolk Visitor Center, conveniently located at 524 North Main Street, and is scheduled from 2 p.m. to 3 p.m. Tickets for each tour are \$8 for adults and \$6 for seniors (60+), military and children ages 9 to 12. For more information, call 757.514.4130.

Monday, November 4

Cedar Hill Cemetery Stroll

An official Virginia Civil War Trail site, Cedar Hill Cemetery has long been an attraction for history buffs and even walking groups. The Suffolk Division of Tourism offers a guided stroll through the serene 32-acre cemetery, rich in history and natural beauty. The 90-minute daytime tour will offer unique insights into Suffolk's heritage as tour goers traverse the cedar-lined terrain dotted with timeworn headstones. The tour departs from the Suffolk Visitor Center and is scheduled from 4 p.m. to 5:30 p.m. Reservations are required. Call the Suffolk Visitor Center at 757.514.4130 to reserve your spot. Special rates are available for groups of 12 or more. Cost is \$7 adults; \$5 seniors (60+), military. Not recommended for children under 12. Call the Suffolk Visitor Center at 757.514.4130 to reserve your spot.

Tuesday, November 5 and Wednesday, November 6

Public Meeting – Downtown Branding Efforts

As part of the Downtown Suffolk Master Plan, BrandFirst Creative Agency, a full-service branding and graphic design firm, has been selected to develop a brand identity for Downtown Suffolk that defines its character and all that it has to offer. The study team will be available for informal drop in hours on **Tuesday, November 5, 2019, from 5:30 p.m. until 8:00 p.m.** at the Suffolk Seaboard Station Railroad Museum, 326 North Main Street, and on **Wednesday, November 6, 2019, from 5:30 p.m. until 8:00 p.m.** at Nansemond Brewing Station, 212 East Washington Street. The public is invited to come by at any time during those hours to share thoughts on the branding of Downtown.

For more information regarding the City of Suffolk Downtown Master Plan, please visit: www.downtownsuffolk.org or www.suffolkva.us.

Wednesday, November 6

Great Dismal Swamp Safari

The Great Dismal Swamp is anything but dismal. The narrated *Swamp Safari*, one of Suffolk's most popular attractions, fills up quickly. This four-hour tour, from 9:30 a.m. to 1:30 p.m., is led by a biologist specializing in the unique habitat of the Great Dismal. Learn about the history, lore, vegetation and wildlife with this adventure that includes a brief walk to Lake Drummond. Sunscreen, insect repellent, comfortable clothes and shoes are recommended. A small snack and beverage is provided. This tour is not recommended for very small children. Call the Suffolk Visitor Center at 757.514.4130 to reserve your spot. Cost is \$10 adults; \$8 seniors (60+), military, and children ages 3 to 12.

Wednesday, November 6

Afternoon Conversations: Local Weather with NOAA

You have seen his work, but have not heard his name? Jeff Orrock will discuss his years of experience tracking super storms in the Commonwealth and beyond, most recently Hurricane Dorian, and the great work that is done at National Weather Service Wakefield. Join the Suffolk Public Library and the Nansemond Suffolk Historical Society for this program at the Phillips-Dawson House, 137 Bank Street, from 2 p.m. to 3 p.m.

Thursday, November 7

Poetry, Prose and Pizza

Hosted by poet and writer Nathan Richardson, writers, spoken word artists, and musicians are invited to participate in this free open mic event from 6 p.m. to 8:30 p.m. at the Suffolk Art Gallery, located at 118 Bosley Avenue. The public is also invited to

just come listen to the works and talents of others. Pizza sponsored in part by AlForno's Pizzeria (Holland Road). For more information, call 757.514.7284.

Thursday, November 7

It Figures: Figure Drawing at the Library

Grab your art supplies and join us at the North Suffolk Library, 2000 Bennetts Creek Park Road, from 6 p.m. to 7 p.m. We will have a live model for a clothed figure drawing session! Artists will warm up with a series of one to two minute gesture drawings and then by a few longer 20 minute sessions with short breaks in between. Program is for ages 18+ and registration is required. Visit <https://suffolkpubliclibrary.libcal.com/event/5530417>.

Thursday, November 7

Suffolk Fire & Rescue Awards & Recognition Ceremony

Suffolk Fire & Rescue will host an Awards & Recognition Ceremony on Thursday, November 7th at 4 p.m. at the Hilton Garden Inn Suffolk Riverfront, 100 East Constance Road.

Saturday, November 9

Suffolk Farmers' Market – First Saturday at the Market

The Suffolk Farmers' Market, now in its 14th season in the open air special event Pavilion, is conveniently located behind the Suffolk Visitor Center at the corner of Main Street and East Constance Road. Enjoy the best in locally-grown fresh fruits and vegetables, baked goods, organically raised poultry, fresh eggs and milk, honey, and a variety of artisan-crafted goods.

The first Saturday of each month will feature live music, activities and a petting zoo. Other themed days are scheduled throughout the season and will include entertainment and exhibits. The Suffolk Farmers' Market will be open on Saturdays

from 9 a.m. to 1 p.m. through November 23, 2019. For more information, contact the Suffolk Visitor Center at 757.514.4130, or VisitSuffolk@SuffolkVa.us.

Saturday, November 9

Suffolk Parks & Recreation's Home of the Brave 5K and Kids ¼ Mile Dash

Support our veterans and our City by joining Suffolk Parks & Recreation's Inaugural Home of the Brave 5K and Kids ¼ Mile Dash on Saturday, November 9th at 9 a.m. The race will begin and end at the Mills Godwin Courts Parking Lot, 150 North Main Street. Registration and detailed information about this event is available online at www.roadrageevents.com.

There are more interesting and exciting events happening in the City of Suffolk!

See what Suffolk Parks & Recreation has to offer! Visit www.SuffolkVa.us/parks.

For a complete listing of Suffolk Public Library events, visit www.SuffolkPublicLibrary.com.

For a complete listing of Suffolk Tourism events, visit www.VisitSuffolkva.com.

To view other City events, visit www.SuffolkVa.us/calendar.aspx.

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