

NEWS RELEASE

FOR IMMEDIATE RELEASE



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SUFFOLK PARKS & RECREATION RE-OPENING FITNESS CENTERS

SUFFOLK, VA (June 11, 2020) Suffolk Parks & Recreation is pleased to announce the Fitness Centers located at East Suffolk Recreation Center and Whaleyville Recreation Center will reopen on Monday, June 15th.

To comply with the Governor's Executive Order 65 and the guidelines in the Forward Virginia Phase II Plan, there will be changes to Fitness Center rules and procedures.

Masks must be worn when entering the building, but may be removed while exercising. All customers will be asked health screening questions regarding COVID-19 symptoms, and temporal no-touch body temperature scans will be taken. No one with a temperature at or above 100.4 degrees will be permitted in the building. A maximum of 12 customers will be allowed in the Fitness Center at any time. Patrons may be required to wait to enter the facility during peak times. All customers will be required to maintain 10 feet of social distancing while inside the Fitness Center.

Fitness Centers are open from 6 a.m. to 12 p.m. (Noon), and 1 p.m. to 8 p.m. Monday through Friday, and 8 a.m. to 12 p.m.(Noon) on Saturdays. The Fitness Centers will

close weekdays between 12 p.m. (Noon) and 1 p.m. for equipment disinfecting, however, enhanced cleaning and disinfecting protocols will be in place throughout the entire time the Fitness Centers are open.

Fitness Center memberships for residents are \$10 per month for adults, \$7 per month for teens, and \$5 per month for seniors ages 55 and up. All Fitness Center members must also possess an Active Annual Recreation Center membership.

The East Suffolk Recreation Center is located at 138 S. 6th Street, and the Whaleyville Recreation Center is located at 132 Robertson Street.

For more information regarding membership and/or updated rules at East Suffolk Recreation Center, contact Jason Jones at (757) 514-4507, or for the Whaleyville Recreation Center, contact Jessica Taylor at (757) 514-7101.

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