

NEWS RELEASE

FOR IMMEDIATE RELEASE

August 28, 2015



Contact:

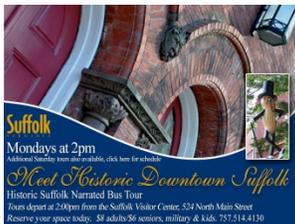
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What's Happening in Suffolk This Week ...

Monday, August 31

Historic Suffolk Narrated Bus Tour



See Suffolk through the eyes of years gone by. Suffolk's rich heritage dates back to the early 17th century when Captain John Smith first encountered the Nansemond Indians on the Nansemond River. Even now, you can trace Suffolk's legacy through our historic homes and neighborhoods, churches and Virginia Civil War Trails. Guided by a Suffolk historian, you meet the people and places that made Suffolk the city it is today. Highlights of this windshield tour include Cedar Hill Cemetery, Riddick's Folly House Museum, Constant's Wharf, College Court and Suffolk's historic Lakeside neighborhood.

The Historic Suffolk Narrated Bus Tour departs from the Suffolk Visitor Center, 524 North Main Street, on Monday, August 31st at 2 p.m. Tickets for each tour are \$8 for adults and \$6 for seniors, military and children ages 9 to 12. For more information, call 757-514-4130.

Monday, August 31

Pajama Storytime



Join us at the North Suffolk Library, 2000 Bennetts Creek Park Road, on Monday, August 31st from 6:30 p.m. to 7:30 p.m. for stories, songs, and rhymes perfect for the night time! Pajamas, stuffed animals and pillows encouraged! For additional information, please call 514-7150.

Tuesday, September 1 – Thursday, September 3

Itsy Bitsy Babies and Tiny Tots



Itsy Bitsy Babies, designed for children 12 months and younger, features songs, rhymes and hands-on activities for baby and care-giver. *Tiny Tots*, designed for children ages 12 months to 24 months, includes books, songs, rhymes and more. Registration is required for both programs. The Morgan Memorial Library, 443 West Washington Street, will host *Itsy Bitsy Babies* on Tuesday, September 1st from 9:30 a.m. to 10 a.m. and *Tiny Tots* on Wednesday, September 2nd from 9:30 a.m. to 10 a.m. The North Suffolk Library, 2000 Bennetts Creek Park Road, will host *Itsy Bitsy Babies* on Thursday, September 3rd from 9:30 a.m. to 10 a.m. and *Tiny Tots* from 10:15 a.m. to 10:45 a.m. For more information, call 757-514-7323 or 757-514-7150.

Tuesday, September 1 and Wednesday, September 2

Toddler Time and Preschool Time



Suffolk Public Libraries are offering *Toddler Time* and *Preschool Time* programs! *Toddler Time*, a program designed for children ages 18 months to 3 years, includes stories, songs and activities designed for toddlers. The Morgan Memorial Library, 443 West Washington Street, and the North Suffolk Library, 2000 Bennetts Creek Park Road, will host *Toddler Time* at 10:15 a.m. each day.

Children ages 3 to 5 will enjoy *Preschool Time*, a 30 minute program featuring stories, educational activities, rhymes and more! *Preschool Time* will be held at both the North Suffolk and Morgan Memorial Libraries at 10:45 a.m. each day. For more information, call 757-514-7323 or 757-514-7150.

Tuesday, September 1 – Friday, September 4

Medicare Benefits Counseling with Senior Services of Southeastern Virginia



Medicare can be confusing. Senior Services is here to help! Join them at the Morgan Memorial Library, 443 West Washington Street, on Tuesday, September 1st from 12 p.m. to 2 p.m. On Wednesday, September 2nd and Friday, September 4th, join Senior Services at the Suffolk Workforce Development Center, 157 North Main Street, from 9 a.m. to 3 p.m. You will receive information and advice from counselors about everything from applying for Medicare, Medicaid or Medicare Part D to how MedCare Access benefits counselors may save you money on your prescription drugs. These services are free and confidential. For more information, call 757-449-8706 or 757-328-4217.

Wednesday, September 2

My Storytime



Join us at the Chuckatuck Library, 5881 Godwin Boulevard, on Wednesday, September 2nd at 11 a.m. for an exciting hour filled with stories, songs and fun designed for both toddlers and preschool children. For more information, call 757-514-7310.

Wednesday, September 2

Lego Club



Participants ages 6 to 12 can drop in to design and build awesome Lego creations! It's a great way to meet other kids who love Legos, too! Join us at the North Suffolk Library, 2000 Bennetts Creek Park Road, on Wednesday, September 2nd from 4:30 p.m. to 6 p.m. for Lego Club. For additional information, call 757-514-7323.

Thursday, September 3

Preschool Discovery Hour



Drop in to explore different building, sensory, and STEM related activities on Thursday, September 3rd from 10:30 a.m. to 11:30 a.m. at the Morgan Memorial Library, 443 West Washington Street. This program is for children ages 3 to 6; no registration is required. For more information, call 757-514-7323.

Friday, September 4 and Saturday, September 5

Great Dismal Swamp Safari

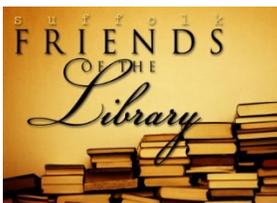


The Great Dismal Swamp is anything but dismal! On Friday, September 4th and Saturday, September 5th from 9:30 a.m. to 1:30 p.m., learn about the history, lore, vegetation and wildlife with this adventure that includes a brief walk to Lake Drummond. Sunscreen, insect repellent, comfortable clothes and shoes are recommended. A small snack and beverage is provided.

This tour departs from the Suffolk Visitor Center, located at 524 North Main Street, and is not recommended for very small children. Tickets are \$10 for adults and \$8 for seniors 60+, military, and children ages 3 to 12. Reservations are required and cancellations are expected no less than 48 hours prior to scheduled tour. Call the Suffolk Visitor Center at 757-514-4130 to reserve your spot.

Friday, September 4 and Saturday, September 5

Friends of the Library Book Sale



The Friends of the Library will hold a monthly book sale, the revenue of which is used to support library programs, from 10 a.m. to 4 p.m. on Friday, September 4th and Saturday, September 5th. The Friends of the Library Book Sale is located at 300 Carolina Road. For additional information, please call 757-514-1024.

Saturday, September 5

All Day Drop-in Craft



Drop in at the North Suffolk Library, 2000 Bennetts Creek Park Road, or the Morgan Memorial Library, 443 West Washington Street, anytime between 10 a.m. and 5 p.m. on Saturday, September 5th, and make an easy craft. All materials will be provided. This program is for all ages; however younger children may require caregiver help. For more information, call 757-514-7150 or 757-514-7323.

Saturday, September 5

First Saturday at the Suffolk Farmers' Market



The Suffolk Farmers' Market continues to delight visitors and shoppers! Market-goers will enjoy fresh locally grown fruits and vegetables, baked goods, meats and eggs, jellies, jams, honey, pickles and handmade crafts. The Market is conveniently situated at the corner of Constance Road and North Main Street directly behind the Suffolk Visitor Center.

Market hours are Saturdays, 9 a.m. to 1 p.m., through November 21, 2015. Saturday, September 5th, is "First Saturday at the Market" and will feature live music, the Teeny Tiny Farm Petting Zoo from 10 a.m. to 1 p.m., a bounce house, and a presentation on "Fall and Winter Gardening" by the Suffolk Master. Other themed days are scheduled throughout the season and will include entertainment and exhibits. For questions, please contact the Suffolk Visitor Center at 757-514-4130 or log onto **VisitSuffolkVa.com** for details.

Saturday, September 5

Legends of Main Street: A Suffolk Ghost Walk

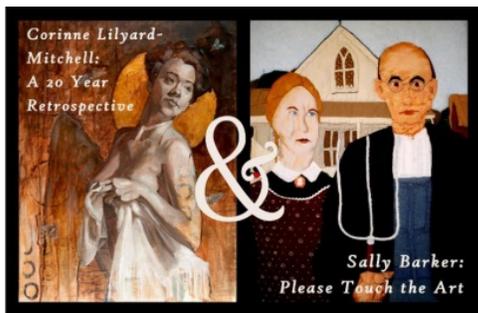


Would you like to experience a hair-raising encounter with the “spirited” side of Suffolk? On Saturday, September 5th at 7 p.m., come follow a costumed guide through the shadows of historic Main Street discovering stories, legends and “unexplained occurrences” by lantern light. Suffolk’s historically hip Ghost Walk departs from the Suffolk Visitor Center, located at 524 North Main Street. This tour is not recommended for children under the age of 9.

Tickets are \$10 for adults and \$8 for seniors 60+, military and children ages 9 to 12. Reservations are required. For more information or to reserve your spooky adventure, contact the Suffolk Visitor Center at 757-514-4130.

July 25 – September 4

Corinne Lilyard-Mitchell: A 20 Year Retrospective Exhibit & Please Touch the Art Exhibit by Sally Barker



Connie Lilyard-Mitchell, winner of the Suffolk Art League’s 2014 Annual Juried Exhibition and Professor of Art at TCC, will present an exhibit that includes a collection of paintings and works on paper completed since 1995 and depicts her explorations of media, techniques, and subject matter. *Please Touch the Art* includes textile works by artist Sally Barker, creator of the Barker Code, a technique where color is assigned a textured fabric, resulting in touchable pieces that allow the blind to visualize classic works of art.

These exhibits will be on display through September 4th at the Suffolk Art Gallery, 118 Bosley Avenue. Gallery hours are Tuesday through Saturday, 10 a.m. to 5 p.m.; Sunday, 1 p.m. to 5 p.m. For more information, call 757-514-7284 or 757-925-0448.

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