

NEWS RELEASE

FOR IMMEDIATE RELEASE

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SWAMPED AND LOVING IT!

Suffolk's Great Dismal Swamp Adventures

SUFFOLK, VA (February 14, 2013) Nearly untouched North American wilderness, 200 species of birds, glorious cypress trees emerging from the boggy soil, the smooth glassy surface of Lake Drummond, a refuge for bear, bobcat and river otters—The Great Dismal Swamp National Wildlife Refuge is the best place to be “swamped.” Suffolk Visitor Center’s “Swamped and Loving It” eco-adventures include the Great Dismal Swamp Narrated Bus Tour, Washington Ditch Boardwalk Nature Walk and Lake Drummond Canoe Excursion, popular tours that traditionally sell out quickly. The Narrated Bus Tour is a four-hour guided tour through the Refuge to the overlook at Lake Drummond. Tickets are \$10 for adults and \$8 for seniors 60+, military and children 12 and under. Learn about the flora, fauna and history that abound at the Washington Ditch Boardwalk during the 1 1/2 hour long Nature Walks of Washington Ditch. Tickets are \$7 for adults and \$5 for seniors 60+, military and children 12 and under. Lake Drummond Canoe Excursions allow for a team paddling approach with a 14-passenger canoe in lieu of a standard two-person canoe. This half-day adventure costs \$35 and includes all equipment. All tours require advance reservations and depart from the Suffolk Visitor Center located at 524 North Main Street.

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2013 Suffolk "Swamped and Loving It" Tour Dates

Great Dismal Swamp Narrated Bus Tour (9:30am-1:30pm)

- Saturday, March 2 & 16
- Saturday, April 6 & 20
- Saturday, May 4 & 18
- Saturday, June 1 & 15

Washington Ditch Nature Walk (9:30am-11:00am)

- Saturday, February 23
- Saturday, March 23

Lake Drummond Canoe Excursion (10:00am-3:00pm)

- Saturday, May 25
- Saturday, June 29
- Saturday, July 27
- Saturday, August 31
- Sunday, September 29
- Sunday, October 27

For *Swamped and Loving It* tour reservations, call the Suffolk Visitor Center at 757.514.4130 or 866.SEE.SUFGK toll free. www.Suffolk-Fun.com

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