

## **NEWS RELEASE**

**FOR IMMEDIATE RELEASE** \_\_\_\_\_

July 5, 2017



**Contact:**

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### **LINE DANCING CLASS OFFERED AT EAST SUFFOLK RECREATION CENTER**

SUFFOLK, VA (July 5, 2017) Come out to the East Suffolk Recreation Center and learn new and exciting line dances such as the Cupid Shuffle, Wobble, Mississippi Slide, Anytime & Temptations Cha-Cha, Same Ole 2 Step and many, many, more!

Our Line Dancing classes are set to the latest R&B music; it's a great way to relieve stress, exercise and most of all have fun! If you have not attended one of our classes and are looking for a way to lose weight or start a healthy life style, why not do it with our line dancing class?

Classes meet on Mondays from 6:00 p.m. to 7:00 p.m., and Thursdays from 11:00 a.m. to 12:00 p.m. at the East Suffolk Recreation Center, located at 138 South 6th Street. This program is \$20 per session and fills up quickly, so bring your water bottle, and let's line dance to the beat!

For information regarding the line dance class, call or email the East Suffolk Recreation Center at (757) 514-4500, or (757) 514-7265.

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