

NEWS RELEASE

FOR IMMEDIATE RELEASE _____

September 8, 2017



Contact:

Diana L. Klink
757.514.4104
757.359.1845

Tim Kelley
757.514.4103
757.871.3039

What's Happening in Suffolk This Week

Monday, September 11 and Thursday, September 14

Medicare Benefits Counseling



Receive information and advice from a counselor about applying for Medicare, Medicaid, or Medicare Part D from 1 p.m. to 3 p.m. on Monday, September 11th at the Morgan Memorial Library, 443 West Washington Street and from 1 p.m. to 3 p.m. on Thursday, September 14th at the North Suffolk Library, 2000 Bennetts Creek Park Road. These services are free and confidential. For more information, call 757.514.7323.

Monday, September 11

Battle of the Books Book Talk



Interested in joining Battle of the Books? Come to the Morgan Memorial Library, 443 West Washington Street, on Monday, September 11th from 6 p.m. to 7 p.m. as we focus on one of the chosen books and discuss what we have read and prep for those challenging Battle of the Books questions. Registration is required. For more information, call 757.514.7323.

Monday, September 11 and Thursday, September 14

Suffolk Speaks Open Recording



SUFFOLK
PUBLIC LIBRARY

Everyone has a story. What's yours? Suffolk Speaks, Suffolk Public Library's oral history project, gives people who have lived, worked, and played in Suffolk an opportunity to share their memories, impressions, and stories. On Monday, September 11th from 6 p.m. to 7:45 p.m. at the North Suffolk Library, 2000 Bennetts Creek Park Road, and on Thursday, September 14th from 6 p.m. to 7:45 p.m. at the Morgan Memorial Library, 443 West Washington Street, we will offer an open recording session for people who want to add their Suffolk story. For more information, call 757.514.7323.

Monday, September 11

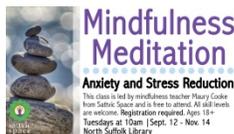
Career Exploration Series: What Do I Want To Do When I Grow Up



Teens, don't worry if you don't know what to do after school. We're here to help you explore your options! Join us at the Morgan Memorial Library, 443 West Washington Street, on Monday, September 11th at 6:30 p.m. to learn more about engineering, the military, or working with foreign countries. Meet a mechanical engineer in the Navy who has also worked for the Coast Guard for 28 years! Free snacks and drinks provided. For more information, call 757.514.7323.

Tuesday, September 12

Anxiety and Stress Reduction: Meditation at the Library



The purpose of Mindfulness Meditation is personal transformation. Learn how to reduce anxiety and stress in this class led by mindfulness teacher, Maury Cooke, from Sattvic Space. All skill levels are welcome. Registration is required. For more information, call 757.514.7323.

Tuesday, September 12

Afternoon Conversations: South Quay's Importance During the Revolutionary War



Suffolk historian, Sue Woodward, will discuss the obscure historical place, South Quay, and its importance during the Revolutionary War on Tuesday, September 12th at 2 p.m. at the Morgan Memorial Library, 443 West Washington Street. For more information, call 757-514-7323.

Tuesday, September 12

Lego Club



Drop in and use your imagination to test your building skills and create cool LEGO projects on Tuesday, September 12th from 4:30 p.m. to 6 p.m. at the Morgan Memorial Library, 443 West Washington Street.

This program is for children ages 6 to 12; children younger than 6 may attend if accompanied by an adult. For additional information, call 757.514.7323.

Tuesday, September 12

Tech Trek: Snap Circuits



Take a tech trek with the Morgan Memorial Library, 443 West Washington Street, on Tuesday, September 12th at 6:30 p.m. Join us as we take a journey through technology, coding, and programming.

We will explore electricity by playing with Snap Circuits. Registration required. For more information, call 757.514.7323.

Wednesday, September 13

Picnic and Play



Bring a bag lunch/drink and join us at the Chuckatuck Library, 5881 Godwin Boulevard, on Wednesday, September 13th from 11:30 a.m. to 12:30 p.m. There will be bubbles, hula hoops, jump ropes, lawn bowling and more.

The fun will be moved inside in the case of inclement weather. For more information, call 757.514.7323.

Wednesday, September 13

Homeschool Hub



SUFFOLK
PUBLIC LIBRARY

Homeschooling families are invited to the North Suffolk Library, 2000 Bennetts Creek Park Road, on Wednesday, September 13th from 2 p.m. to 3 p.m. for a special hands-on event that will include various activities to enrich your curriculum. For more information, call 757.514.7323.

Wednesday, September 13

Knitting in the Stacks



Newbies and experienced knitters are welcome at Knitting in the Stacks. Join us on Wednesday, September 13th from 6 p.m. to 7:30 p.m. at the North Suffolk Library, 2000 Bennetts Creek Park Road. Limited supplies are available for beginning knitters. For more information, call 757.514.7323.

Wednesday, September 13

Supercharged Storytime



Take storytime to the next level with Supercharged Storytime. We will read, play and learn all with the help of one great book. This month, our book focus is *Put Me in the Zoo* by Robert Lopshire. Join us on Wednesday, September 13th from 6:30 p.m. to 7:30 p.m. at the North Suffolk Library, 443 West Washington Street. For more information, call 757.514.7323.

Wednesday, September 13

Community Meeting: Aquatics Feasibility in Suffolk



The City of Suffolk Department of Parks and Recreation is embarking on an Aquatics Feasibility Study and will host a community meeting for citizens to provide their feedback on Wednesday, September 13th from 6:30 p.m. to 8 p.m. at City Hall, 442 West Washington Street. For more information, call 757.514.7250.

Thursday, September 14

Adaptive Storytime



On Thursday, September 14th from 10 a.m. to 10:45 a.m., the Morgan Memorial Library, 443 West Washington Street, will host an adaptive storytime with crafts and other activities for adults and children of all abilities. For more information, call 757.514.7323.

Thursday, September 14

Karaoke Dance Party



Sing with us at the Morgan Memorial Library, 443 West Washington Street, on Thursday, September 14th from 6 p.m. to 7 p.m. Our evening of karaoke fun will feature jamming, grooving and munching the night away to some fun tunes from all generations. Ages 10-13; for more information, call 757.514.7323.

Thursday, September 14

Coloring Club



Relax and relieve stress with coloring pages, bubbly non-alcoholic drinks, and friends at the North Suffolk Library, 2000 Bennetts Creek Park Road, on Thursday, September 14th from 6:30 p.m. to 7:30 p.m. Open to all ages and abilities. For more information, call 757.514.7323.

Thursday, September 14

Teen Gaming Takeover



Kick back and relax with the latest and greatest in Xbox One games at the North Suffolk Library, 2000 Bennetts Creek Park Road, on Thursday, September 14th from 6:30 p.m. to 7:30 p.m. For more information, call 757.514.7323.

Friday, September 15

Chuckatuck Variety Hour



Relax and take a break at the Chuckatuck Library, 5881 Godwin Boulevard, on Friday, September 15th from 10 a.m. to 11 a.m. Enjoy listening to an audio book selection, discuss a favorite book, color and craft, or do all three while getting to know your neighbors. For more information, call 757.514.7323.

Friday, September 15

Music & Movement



Children ages 3 to 5 are invited to jump, move, jiggle and groove at the Morgan Memorial Library, 443 West Washington Street, on Friday, September 15th from 10:30 a.m. to 11:30 a.m. For more information, call 757.514.7323.

Friday, September 15

Pint-Sized Picassos



Join us at the North Suffolk Library, 2000 Bennetts Creek Park Road, on Friday, September 15th from 10:30 a.m. to 11:30 a.m. Children ages 3 to 5 will enjoy a variety of fun art activities and create amazing masterpieces to take home! Registration is not required. For more information, call 757.514.7323.

Friday, September 15

Board Game Break



Do you remember how much fun it is to play board games? Meet at the Chuckatuck Library, 5881 Godwin Boulevard, on Friday, September 15th from 2 p.m. to 3 p.m. to play Dominoes, Scrabble, Monopoly, Connect 4, chess, and checkers. For more information, call 757.514.7323.

Saturday, September 16

2017 Walk to End Alzheimer's



Take the first step to a world without Alzheimer's on Saturday, September 16th at Constant's Wharf, 100 East Constance Road. Registration for the 2017 Walk to End Alzheimer's begins at 8:30 a.m.

with the event ceremony following at 9:40 a.m. For more information, visit <http://alz.org/>.

Saturday, September 16

So Let's Sew – Hand Sewing Crafts



Burlaps and buttons will be our focus on Saturday, September 16th from 10 a.m. to 11 a.m. at the Morgan Memorial Library, 443 West

Washington Street. Ages 6 to 11; for more information, call 757.514.7323.

Saturday, September 16

Fun with Food



Join us for yummy crafts at the North Suffolk Library, 2000 Bennetts Creek Park Road, on Saturday, September 16th from 11 a.m. to 12 p.m.

We will have fun creating and decorating with tasty snacks and treats. Registration required; ages 6 to 11. If your child has allergies, contact us upon registration so that accommodations can be made. For more information, call 757.514.7323.

Saturday, September 16

All of Me: A Hispanic Heritage Month Celebration



Celebrate Hispanic Heritage Month with food and a film on Saturday, September 16th from 11:30 a.m. to 2 p.m. at the Morgan Memorial

Library, 443 West Washington Street. Sample food from local Mexican restaurants while enjoying "All of Me," an award-winning documentary about the brave and generous women of La Patrona, Mexico, who provide food for migrants on their way to

the United States. After the film, learn about influential figures in the Hispanic and Latin community and share your own experiences by recording an interview for the library's oral history project, Suffolk Speaks. For more information, call 757.514.7323.

Saturday, September 16

Grandparents Day Appreciation Celebration



Join us on Saturday, September 16th from 1 p.m. to 2 p.m. at the North Suffolk Library, 2000 Bennetts Creek Park Road, as we honor grandparents for all they do. There will be a special grandparent story time, kids singing special grandparent songs, a craft, and snacks to share together. It's sure to be a great time for the young and the young at heart! For more information, call 757.514.7323.

Saturday, September 16

BARKS (Books and Reading for Kids in Suffolk)



BARKS is a reading to therapy dogs program designed to help increase a child's confidence and reading skills. Children in grades K-5 will get a chance to meet all types and sizes of our furry canine friends! Join us on Saturday, September 16th from 2 p.m. to 3 p.m. at the North Suffolk Library, 2000 Bennetts Creek Park Road; registration is required. For more information, call 757.514.7323, or visit www.SuffolkPublicLibrary.com.

Saturday, September 16

Suffolk Farmers' Market



Come get the freshest, locally-grown fresh fruits and summer vegetables and more at the Suffolk Farmers' Market located at the Suffolk Visitor Center Pavilion, conveniently located behind the Suffolk Visitor Center at the corner of Main Street and Constance Road. Open on Saturday, September 16th from 9 a.m. to 1 p.m. you'll also find fresh eggs, honey, homemade

jams and jellies, baked goods, fresh cut flowers, plants and handmade jewelry and crafts. Free and open to the public, the Market will host a variety of Family Fun Days, special guest speakers and performers, petting zoos, book signings, workshops, crafts and more.

The Suffolk Farmers' Market will run through November 18, 2017. For more information or to become a vendor, contact the Suffolk Visitor Center at 757.514.4130 or email VisitSuffolk@suffolkva.us.

###