

**MEDIA RELEASE  
FOR IMMEDIATE RELEASE**

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**KAYAK EXCURSION OF PICTURESQUE LAKE DRUMMOND**

SUFFOLK, VA (March 8, 2018) With warm weather just around the corner, Suffolk Tourism is offering a Kayak Excursion of the Great Dismal Swamp's Lake Drummond on Saturday, March 31, 2018. The Kayak Excursion departs at 9:15 a.m. from the Suffolk Visitor Center located at 524 North Main Street in Downtown Suffolk. While paddling past bald cypress trees, participants will learn about the wildlife and plant life that thrive in this fascinating habitat during a two hour tour. Participants are encouraged to bring a snack and bottled water; also to wear sunscreen, a hat and insect repellent. The fee per person is \$35 and includes all equipment and transportation to Lake Drummond. Children 10 years and older are welcome with a parent or guardian. Space is limited. Advance reservations and payment are required and can be made by contacting the Suffolk Visitor Center at 757.514.4130. Additionally, questions or concerns may be emailed to [VisitSuffolk@suffolkva.us](mailto:VisitSuffolk@suffolkva.us).

Lake Drummond is a 3,108-acre bowl-shaped lake located near the center of the Great Dismal Swamp National Wildlife Refuge and is the larger of only two naturally occurring lakes in Virginia. On windless days on the lake, the water appears smooth as glass as the horizon disappears into the sky above. Lake Drummond stands only 18 feet above sea level, and though it is three miles wide, it is only six to seven feet deep, allowing great cypresses to rise from its still, shallow waters. Tannic acid from forest vegetation stains the water.

The Great Dismal Swamp Kayak Excursion is produced by Suffolk Tourism in partnership with outdoor outfitter, Nature's Calling. For more information on this or other Kayak Excursions offered, visit [VisitSuffolkVa.com](http://VisitSuffolkVa.com), or call 757.514.4130.

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