

NEWS RELEASE

FOR IMMEDIATE RELEASE _____

May 2, 2018



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SUFFOLK PARKS & RECREATION WILDERNESS EDUCATION 101

SUFFOLK, VA (May 2, 2018) Come join Suffolk Parks & Recreation as we offer a Wilderness Education 101 class where you will learn some basic hiking and camping skills. Learn how to start a fire, make a shelter, what you can and cannot eat in the outdoors, how to keep your food safe from animals, how to navigate, and so much more! The class will be held at the Sleepy Hole Ranger Station, 4700 Sleepy Hole Road, on May 25 from 6 p.m. to 8 p.m.

For more information, call 757-514-7281 or email at cprohaska@suffolkva.us.

Visit the Suffolk Parks & Recreation website, www.suffolkva.us/266/Parks-Recreation or call the Suffolk Parks & Recreation Administration Office at 757-514-7250 for additional information.

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