Registration

- On-line registrations are available from September 2nd — October 26th @ www.suffolkva.us/parks/

- On-Site registrations will begin September 4th through October 26th (Monday - Thursday 5:30pm-7:30pm)
  *Saturday-Oct. 5th, 12th, 19th, & 26th at Creekside and Mack Benn, Jr. Recreation Centers Only (10:30am-1:30pm)*

- *LATE REGISTRATION—October 21st – 26th ($15 late fee will apply)

Please register your child/children at the desired practice Region. Games may be held at multiple Recreation Centers. Practice will begin the first full week in December and games will begin in January the 4th & 5th.

Lil Dribblers practice will begin the first 30 minutes of each game. Practice/games will begin on January 5th @ Mack, Benn Jr. Recreation Center.

The practice sites for the different Regions are:

**Region #1**
- Creekside Recreation Center
- Northern Shores Recreation Center

**Region #2**
- Kings Fork Recreation Center
- Booker T. Washington Recreation Center
- Mack, Benn, Jr. Recreation Center

- **Spaces are limited at each location per division.** Each recreation location has limited teams per division. Maximum of 10 players per team. In an effort to create equality on each team, Lil Dribbler’s and Novice participants are placed on teams through a blind draft.

- A skills draft will be conducted on **November 2nd for Pee-Wee, Midget, & Jr Divisions (Times to be announced).**

- Registration at a particular site does not guarantee that your child will practice at that site, only that they will practice within that region.

Registration Fees:

- Registration fee is due upon registration. No partial payments will be accepted. Slots will not be held.

- Please make Money Orders or Cashier Checks payable to: **Ronald H. Williams, Treasurer.**

  Cash/Personal Checks WILL NOT BE ACCEPTED.

<table>
<thead>
<tr>
<th>League</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lil Dribblers</td>
<td>$40.00</td>
</tr>
<tr>
<td>Novice, Pee Wee, Midget, Junior</td>
<td>$60.00</td>
</tr>
<tr>
<td>Non-resident</td>
<td>$10.00 + additional league fee</td>
</tr>
<tr>
<td>Late registrations</td>
<td>$15.00 + additional league fee</td>
</tr>
</tbody>
</table>

Eligibility:

- Proof of age is required at the time of registration which includes: valid government ID card, medical records, a letter from the child’s school on school letterhead and the signature of the school’s administrator.

- Proof of residence is required at the time of registration which includes: driver’s license, utility or electric bill, etc. (officially addressed letters only, no hand written letters accepted)

- Participants must be born in the following years below to be eligible for league play. **Participants must be the appropriate age at the start of the season (December 3, 2019).**

- If a participant is one year younger than the next age division, they have the option of playing in the higher division.

<table>
<thead>
<tr>
<th>Ages</th>
<th>Age as of Dec. 3, 2019</th>
<th>League Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coed 4-5</td>
<td>4</td>
<td>Lil Dribblers</td>
</tr>
<tr>
<td>Coed 6-7</td>
<td>6</td>
<td>Novice</td>
</tr>
<tr>
<td>Girls 8-10</td>
<td>8</td>
<td>Girls Pee Wee</td>
</tr>
<tr>
<td>Boys 8-10</td>
<td>8</td>
<td>Boys Pee Wee</td>
</tr>
<tr>
<td>Girls 11-15</td>
<td>11</td>
<td>Girls Midget</td>
</tr>
<tr>
<td>Boys 11-12</td>
<td>11</td>
<td>Boys Midget</td>
</tr>
<tr>
<td>Boys 13-15</td>
<td>13</td>
<td>Boys Junior</td>
</tr>
</tbody>
</table>
Youth Basketball League

Frequently Asked Questions

**What is the Youth Basketball League Program About?**
The Suffolk Parks & Recreation Department Youth Basketball League and Lil Dribbler’s is a recreational youth basketball league serving the City of Suffolk and its surrounding communities. The Youth League is for boys and girls from ages of 4 through 15 years old. We emphasize good sportsmanship, the development of individual skills, and the importance of teamwork.

**When do signups begin and end?**
Registration begins September 1st online, and September 3rd at all recreation centers. Regular registration ends October 26th, 2019. Late registration begins on October 21st and ends on October 26th ($15 late fee will apply).

**How do I register my child to play?**
You may register online @ [http://www.suffolkva.us/parks](http://www.suffolkva.us/parks) and click the online registration link. You may also register onsite at various recreation centers between the hours of 5:30pm-7:30pm Monday – Thursday. Saturday registrations are held at Mack Benn, Jr. Recreation Center (1253 Nansemond Parkway Suffolk, VA 23434) and Creekside Recreation Center (1000 Bennett’s Creek Park Rd., Suffolk, VA 23435) from 10:30am-1:30pm on October 5th, 12th, 19th & 26th.

**How much does it cost to register my child and what is included?**
Regular registration fees are $60 for Suffolk Residents and $70 for Non-Suffolk Residents. After the regular registration dates have passed, there is a $15 late fee additional per child. The fee includes participation within the league, a uniform (Jersey and Shorts) which the child keeps at the end of the season, and an individual participation award.

**When does the season begin and end?**
The children begin practice the first full week in December and continue practicing throughout the season. The games begin the first Friday and/or Saturday in February. Games continue each week and usually conclude by the middle of March weather permitting.

**Will my child practice at the site where I sign them up?**
Registration at a particular location does not guarantee that your child will practice at that location, only that they will practice within that region. We have the league divided into two different regions. Depending on which region that your child is signed up in, you are assured that they will practice in that region, but not necessarily that particular location.

**What are the Different Regions?**
On the Northern side of Suffolk we have Region 1. Region 1 consists of Creekside Recreation Center and Northern Shores Recreation Center. On the Southern Side of Suffolk we have Region 2. Region 2 consists of Mack Benn, Jr. Recreation Center, Booker T. Washington Recreation Center, Kings Fork Recreation Center, and Oakland Recreation Center.
How are the teams formed?
We compile information from the registration forms (Age, Playing experience, etc.) for Pee Wee, Midget, & Junior divisions and then hold an open skills draft process. Novice and Lil Dribblers divisions are not included in the skills draft. Novice and Lil Dribblers participants are placed on teams through a blind draft by the Athletic Department.

How does the skills Draft Process Work?
During the open skills draft, all participants run through various basketball drills (Dribbling, Passing, Layups, and Free Throws). The volunteer coaches have the opportunity to observe every child during the drill and then select players. Our objective is to keep the league recreational and to form teams that are as evenly skilled as possible to ensure a fun and positive experience which promotes a healthy environment for all. We believe that holding an open draft gives the best opportunity for the kids of various skill levels a chance to play and learn the game of basketball. Teams are drafted according to the registrants within each region.

My child is a good athlete for his/her age, or is taller than most other children. Are they able to move up divisions?
Parents may sign their child up for the next division up if the child is 1 year younger than the minimum age for the division they wish to place them in (example: a child who is 10 may move up from Pee Wee to Midget) Children may not play in younger divisions if they are older.

When are practices and how often do they practice?
Teams practice one day a week, Monday – Saturday for a maximum of one and a half hours after school beginning at 6:00pm & 7:30pm The earliest practice times are usually reserved for the novice divisions and then according to division ages from youngest to oldest. (Example: Novice, Pee Wee, Midgets, and Juniors practice latest). Lil Dribbler’s practice the first 30 minutes of each game (each game is 1 hour, first 30 minutes is practice and the last 30 minutes is Coach assisted games).

Where are Practices held?
Practices are held within our Recreation Centers: Creekside, Northern Shores, Mack Benn, Jr., Booker T. Washington, Kings Fork, and Oakland Recreation Centers.

Where are the Games Played?
Games are played at the Kings Fork Recreation Center which is attached to the Kings Fork Middle School and Creekside Recreation Center which is attached to Creekside Elementary School. Lil Dribbler’s games are played at Mack Benn, Jr. Recreation Center which is attached to Mack Benn, Jr. Elementary School.

Do you provide transportation?
No, we do not provide transportation. Parents and Guardians are responsible for the safe travel of their respective children to and from practices and games.

My child would like to be on a team with his/her best friend or coach we know. Can you accommodate these types of requests?
Because coaches, parents and the league want fair and balanced teams, we cannot accommodate requests to satisfy carpooling, neighbor, friendship, coaching or other similar requests.
WE NEED PARENT VOLUNTEERS
I would like to assist in this program as:
Coach     Asst. Coach
Must fill out a Volunteer Coach App

REGISTRATION FORM
Region will determine your practice location. Please check the practice Region.

<table>
<thead>
<tr>
<th>Region 1</th>
<th>Region 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Creekside &amp; Northern Shores Recreation Centers)</td>
<td>(Booker T. Washington, Mack Benn, Jr., Kings Fork Recreation Centers)</td>
</tr>
</tbody>
</table>

Participant Name

Age by Dec. 3rd Date of Birth Gender (circle one): Male Female

Address

City State Zip Code

Home Phone Grade School

Uniform Size (Please Check the Appropriate Box)

<table>
<thead>
<tr>
<th>Divisions</th>
<th>Age Group</th>
<th>Youth Small</th>
<th>Youth Med</th>
<th>Youth Large</th>
<th>Adult Small</th>
<th>Adult Med</th>
<th>Adult Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lil Dribblers</td>
<td>4 - 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coed Novice</td>
<td>6 - 7</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Girls Pee Wee</td>
<td>8 – 10</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Boys Pee Wee</td>
<td>8 - 10</td>
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</tbody>
</table>

Divisions

<table>
<thead>
<tr>
<th>Divisions</th>
<th>Age Group</th>
<th>Adult Small</th>
<th>Adult Med</th>
<th>Adult Large</th>
<th>Adult X-Large</th>
<th>Adult 2X-Large</th>
<th>Adult 3X-Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls Midget</td>
<td>11 - 15</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Boys Midget</td>
<td>11 - 12</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Boys Junior</td>
<td>13 - 15</td>
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<td></td>
</tr>
</tbody>
</table>

Has your child ever participated in an organized Basketball League? YES or NO

Years of experience? _____ Years _____ Months

With Parks & Recreation? Yes or No Most recent year of participation ______ What Division? ___________

Parent/Guardian Information

Parent/Guardian Name

Home Phone Work Phone

Cellular Phone Email:

Emergency Contact

Relationship to Participant

Home Phone Work Phone

Cellular Phone Email:

Please list any medical conditions or allergies your child may have:

REMINDER: Staff or volunteer coaches cannot store or administer medications to participants.

PLEASE READ BACK OF FORM
### Medical Information

Suffolk Department of Parks and Recreation takes pride in providing inclusive recreational opportunities for all. In order to best serve and meet the needs of each participant, please provide any special needs, disabilities or accommodations so that our team can provide successful participation within our programs.

<table>
<thead>
<tr>
<th>Primary Diagnosis/Condition:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Special needs and Accommodations:</td>
<td></td>
</tr>
<tr>
<td>Level of Severity or Disability:</td>
<td>□ Mild □ Moderate □ Severe</td>
</tr>
<tr>
<td>Comments:</td>
<td></td>
</tr>
</tbody>
</table>

Participant primarily uses/requires (please explain):
- □ Special Assistance -
- □ Assistive Technology -
- □ Accessibility Equipment -

Wheelchair (if applicable): □ Manual Wheelchair □ Power Wheelchair □ Walker

□ Other -

*For programs and events that require specific participant accommodations and special needs, advance registration and assessment is required from our Certified Therapeutic Recreation Specialist.

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### Release and Waiver

Release and Waiver: In consideration of being permitted to participate in any way in Youth Basketball League, I for myself, my heirs, personal representatives or assigns, do hereby release, waive, and forever discharge the City of Suffolk, its Council members, officers, employees, and agents for liability from any and all claims, demands, rights and causes of action of whatever kind resulting in, but not limited to, bodily injury, accident or illness (including death), and property damage sustained by me and my agents, representatives, employees, or family members arising from participation in Youth Basketball.

Indemnification: I shall indemnify and hold harmless the City of Suffolk, its Council members, officers, employees, and agents from and against any and all claims, losses, damages, fines, penalties, suits and costs, including injury and death penalties imposed by any authority which arise out of any violation of law by, and all acts and omissions caused by me, my employees, subcontractors, and agents, or representatives during the participation in Youth Basketball League.

I give consent that I have read and understand the waiver, indemnification, and photography contents. I also consent that I have read and received the Parent Information and Frequently Asked Questions Sheets.

Signature: ____________________________

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### Office Use Only (Please Print)

Proof of Age (Birth Cert. #) ____________________________ Birth State/Country ____________________________ Proof of Residence ____________________________

Amount Paid _____________ Date Registered ________________ Receipt # ____________________________ Staff Name ____________________________
PARENT’S CODE OF ETHICS

-I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports by following this Parents’ Code of Ethics Pledge.

-I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports event.

-I will place the emotional and physical well-being of my child ahead of a personal desire to win.

-I will insist that my child play in a safe and healthy environment.

-I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.

-I will demand a sports environment for my child that is free of drugs, tobacco, and alcohol, and will refrain from their use at all youth sports events.

-I will remember that the game is for youth-not for adults.

-I will do my very best to make youth sports fun for my child.

-I will ask my child to treat other players, coaches, fans, and officials, with respect regardless of race, sex, creed, or ability.

-I promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectable fan, assisting with coaching, or providing transportation.

-I will require that my child's coach be trained in the responsibilities of being a youth sports coach and that the coach upholds the Coaches' Code of Ethics.

-I will read the NYSCA National Standards for Youth Sports and do what I can to help all youth sports organizations implement and enforce them.

-I understand that any violations of any sort will result in the appropriate disciplinary actions of either me or my child.

Release and Waiver: In consideration of being permitted to participate in any way in Youth Basketball League, I for myself, my heirs, personal representatives or assigns, do hereby release, waive, and forever discharge the City of Suffolk, its Council members, officers, employees, and agents for liability from any and all claims, demands, rights and causes of action of whatever kind resulting in, but not limited to, bodily injury, personal injury, accident or illness (including death), and property damage sustained by me and my agents, representatives, employees, or family members arising from participation in Youth Basketball.

Indemnification: I shall indemnify and hold harmless the City of Suffolk, its Council members, officers, employees, and agents from and against any and all claims, losses, damages, fines, penalties, suits and costs, including injury and death penalties imposed by any authority which arise out of any violation of law by, and all acts and omissions caused by me, my employees, subcontractors, agents, or representatives during the participation in Youth Basketball League.

Parent Signature ______________________________ Date ____________________