



Suffolk Parks and Recreation

Junior Ranger Activity Book





Junior Ranger Program

(ages 6 - 12)

Hello, and welcome to Suffolk Parks and Recreation Junior Ranger Program. This program is designed to get you to visit our parks. We hope you enjoy visiting them as much as we do.

In order to become a Junior Ranger you will need to visit one or more of the parks and complete certain activities. You must interview a park ranger, go on a photo scavenger hunt, get a bingo and answer the park trivia. After you have completed the activities you will need to send them in. Once we receive the information you will receive a Junior Ranger Certificate and a Junior Ranger T-shirt.

Junior Ranger Program
Attention: J.J. Stephens
Suffolk Parks and Recreation
PO Box 1858
Suffolk, VA 23439

Please send in the following information as well:

Child's Name: _____ Age: _____ D.O.B.: _____

Address: _____

City: _____ State: _____ Zip: _____

Email of Parent or Guardian: _____

Parent or Guardian phone number: _____

Child's T-shirt size: Child Large, Adult Small, Adult Medium, Adult Large



A Little About Our Parks

Bennett's Creek Park

Located on Bennett's Creek Park Road

A 50-acre park which offers three free boat ramps that access the Nansemond River, a playground, tennis courts, restrooms, three covered shelters, a nature trail, open fields, a fishing and crabbing pier with handicap accessible features, a disk golf course and plenty of fresh air and sunshine.

Lone Star Lakes

Located on Bob House Parkway

Lone Star Lakes offers eleven lakes for fresh water fishing, nature trails, picnic areas with tables and grills, a playground, a 4-mile horse trail, archery range, model airplane flying field, fishing and crabbing pier, shoreline fishing areas, plenty of flora and fauna.

Sleepy Hole Park

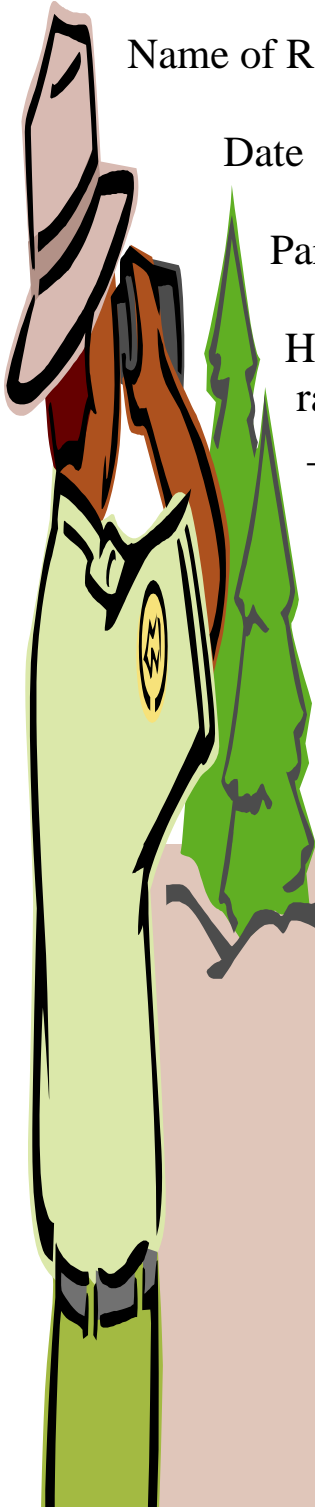
Located on Sleepy Hole Road

A 66-acre park with an 30-acre lake with assorted waterfowl. Sleepy Hole Park also offers a variety of natural areas, 12 picnic shelters, five volleyball nets, horse shoe lanes, children's playground, restrooms, open space, trails, and breathtaking views of the Nansemond River.

For more information on any of our parks please call 757-514-7250.



Interview a Park Ranger



Name of Ranger: _____

Date of Interview: _____

Park Location: _____

How many years has this person been working as a ranger?

Why did the ranger choose this line of work?

What is one problem the ranger has to work with regularly?

What does the ranger find the most rewarding about his/her job?

What is the most unusual thing the ranger has seen while working at their present job?

Ask your own question?

Park Ranger Signature:



Native Animal?

Some animals are native to our area. Can you pick out which ones belong in Virginia and which ones do not? Circle the animals native to our area.

Beaver



Armadillo



Alligator



Moose



Bobcat



Opossum



White tailed deer



Coyote



Kola bear



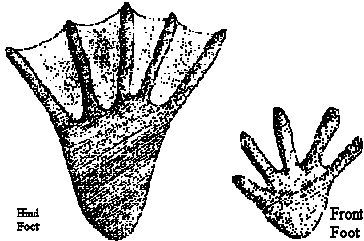
Badger



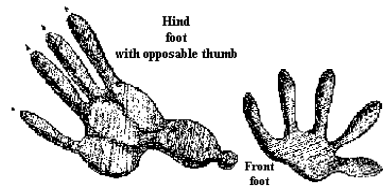
Draw and label another animal that is native to our area. Have you seen this animal in the wild? Have you seen this animal in one of Suffolk's Parks? What does this animal eat? Where does it live?

Animal Tracks

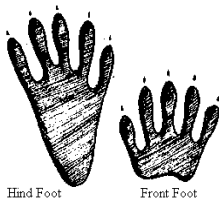
Draw a line to the animal that made the track.



Opossum



Striped Skunk



Beaver



Raccoon



Bobcat



Park Identification

Can you identify the park for the following pictures? What is pictured?



Park: _____
Item: _____



Park: _____
Item: _____



Park: _____
Item: _____



Park: _____
Item: _____



Park: _____
Item: _____



Park: _____
Item: _____



Park Trivia Questions

1. Which park has the most lakes? _____
2. How many lakes does it have? _____
3. Which park has new horseshoe pits? _____
4. How many does it have? _____
5. Which park has a children's garden? _____
6. Which park has a disk golf course? _____
7. At which park can you find beaver? _____
8. How can you tell that the beaver has been there? _____

9. Which park has the most boat ramps? _____
10. How many trails are located at Bennett's Creek Park? ____
11. How many trails are located at Sleepy Hole Park? _____
12. How many trails are located at Lone Star Lakes Park? ____





Photo Scavenger Hunt

(At least 5 of the items required)

To complete this scavenger hunt pictures need to be taken of the item when found or completed. Pictures may be printed on regular paper to turn in. If you are unable to take pictures draw what you have found. Have an adult help you with the picture taking. (All pictures should be taken within one of the Suffolk Parks). Make sure you let us know where you found each item.

1. Find and identify animal scat (animal waste).
2. Find and identify animal tracks.
3. Take a hike and pick up at least five pieces of trash and discard.
4. Take a nature hike.
 - a. Identify three different types of trees.
 - b. Identify three different types of insects.
 - c. Identify three different types of plants.
 - d. Identify three different types of animals.
5. Go fishing:
 - a. Take a picture of you baiting the hook.
 - b. Take a picture of you casting.
 - c. Take a picture of you fishing.
 - d. Take a picture of the fish you caught.
 - i. What type of fish is it?
 - ii. How big is it?
6. Find a beaver chewed tree.
7. Find evidence that an animal has been eating.
8. Take a picture with a park ranger.
9. Find something that smells.
10. Find an area with erosion.



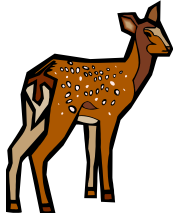
Suffolk Park Bingo

Mark off the items as you find them or do the activity. How many ways can you get bingo? Can you fill the entire card?

B	I	N	G	O
FIND A DEER TRACK	FIND ANIMAL SCAT	FIND AN ANIMAL TRAIL	FIND A BEAVER CHEWED TREE	SEE A BALD EAGLE
FIND SIGNS OF EROSION	FIND A CICADA SHELL	IDENTIFY POISON IVY (don't touch)	FIND A CRAB CLAW	PICK UP 5 PIECES OF TRASH
SEE AN OSPRE	SEE AN EGRET	FREE SPACE	GO FISHING	INTERVIEW A PARK RANGER
FIND A BIRD FEATHER	PUT ON SUN SCREEN	FIND A PINE CONE	HAVE A PICNIC	HUG A TREE
GO ON A HIKE	SEE A GREAT BLUE HERON	FIND SOMETHING THAT SMELLS	COMPLETE CROSS-WORD PUZZLE	FIND PICTURES IN THE CLOUDS



Suffolk Parks Word Search



B A C E U H M F E T H J F E M
 Z E W S I J I L A E W R R L U
 N C N K N S G M N T O E S O S
 Z I I N H A T T I G D I O H O
 V N V I E A K O M T T R I Y P
 G V N D C T B E A V E R Q P P
 C G L B X K S I L B J H R E O
 U A O K E O L C T H Y C A E E
 B B T E N H F E R N D R B L O
 P R R F A U Z J A E H O B S N
 Q C Y W I C K T C X E A I P A
 Z W K J U S R S K V O K T D C
 D R A Z I L H Q S R A E B E M
 R E G N A R K R A P W R I E X
 D V L O N E S T A R I V E R A



ANIMALTRACKS
 BALDEAGLE
 BEAR
 BEAVER
 BENNETSCREEK
 BOBCAT
 CANOE
 CATFISH
 CREEK
 CROAKER
 DEER

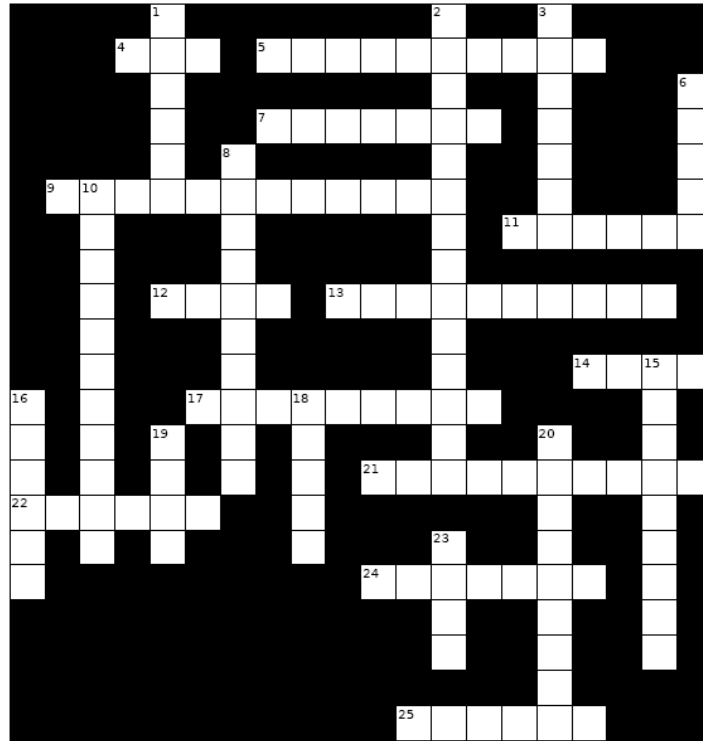
FISHING
 FOX
 FROG
 HIKING
 LIZARD
 LONESTAR
 OPPOSUM
 PARKRANGER
 RABBIT
 REDTAILHAWK
 RIVER

SKUNK
 SLEEPYHOLE
 SNAKE





Cross Word Puzzle



Across

- 4 I fly at night.
- 5 Always wear when on a boat.
- 7 I have whiskers, but I do not purr.
- 9 When I approach seek shelter.
- 11 There are only three venomous species of me in the state.
- 12 Where birds lay their eggs.
- 13 When you hear me knocking I am looking for food.
- 14 Always do a _____ check after being outdoors.
- 17 Leaves of three, leave me be.
- 21 Someone who protects and preserves parks.
- 22 Sometime I have a beard.
- 24 Always leave an area _____ than you found it.
- 25 I don't need a dentist. I would rather use wood.

Down

- 1 I like to wash my food.
- 2 I am named after the native americans from this area.
- 3 My beak has a pouch for scooping fish.
- 6 Fish breath with these.
- 8 Caused by excessive heat and a lack of fluids.
- 10 My wings beat so fast it looks like I am hovering.
- 15 My wood is used to make things smell good.
- 16 I have a mobile home.
- 18 This is not perfume you smell.
- 19 Bambi is the most famous.
- 20 National symbol.
- 23 Bobcats do not make there own _____, a crevice, log or thick brush will do.