

2007 SENIOR GAMES

Participant Registration Form

For Office Use Only:

Date Registered: _____

Fee(s) Paid: Yes No Lunch: Monday Tuesday Registration Form Completed: Registration Incomplete

Participant #: _____

Staff Initials: _____

Coordinator Initials: _____

Name: _____ Phone: _____

Address: _____
(Street) (City) (State) (Zip Code)

Emergency Contact: _____ Phone: _____

Gender: Male Female Age: _____ Birthdate: _____**Age Group (circle one):**

50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89 90-94 95 & up

T-shirt Size (circle one): S M L XL XXL XXXL other: _____

Consent to use Photographs:

I understand that photographs may be taken of me and/or my child at any Parks and Recreation program or facility for publication in material used to promote department programs, classes or events.

Waiver for Participation:

I hereby agree to participate or allow my child to participate in the above listed activities sponsored by the City of Suffolk, Department of Parks and Recreation upon the understanding and condition that I agree to abide by the rules, policies, and procedures of the Department and the City. I will not hold the City of Suffolk, its staff, employees, representatives or agents responsible for loss of personal property or for medical dental expenses incurred as a result of said participation including liabilities, expenses, or judgments, attorney's fees or court costs, except claims caused by gross negligence or willful misconduct of the Department. In the event of injury, I give permission for myself or my child to be transported to the nearest medical facility and have appropriate care administered. I certify that all information given is correct and complete. I recognize that each program may have different requirements and that I, or my child must follow all rules, regulations, policies, procedures and guidelines specific to each program.

Signature_____
Date

Event Entry Form

- Check the events you wish to enter.
- Please note that events may be cancelled and/or postponed due to inclement weather or insufficient participation.
- Same day registration will be permitted for any event where an (*) asterisk is indicated.
- Please make sure that you report to an event at the scheduled time or risk being disqualified.
- Awards will be given to winning participant after each event.

Saturday, May 19, 2007, Lonestar Lakes Park- 10am

Archery (Events coordinated by the Kingsboro Bowmen):

- Compound Fingers-finger shooter
- Compound Release-release aid
- Recurve

Monday, May 21, 2007, Kingsfork Recreation Center- 9am

***Basketball:**

- Free Throw
- Three-Point Shot

***Indoor Games:**

- Billiards
- Checkers
- Dominoes
- Table Tennis

Tuesday, May 22, 2007, Planters Park- 9am

Track & Field Events

- 50m Run
- 100m Run
- 1500m Walk
- Jump Rope
- Discus or Frisbee Throw
- Softball Hit & Throw or Bean Bag Toss

Special Accommodations Needed:

CITY OF SUFFOLK
Department of Parks & Recreation
Suffolk Senior Center

TO: 2007 Senior Games Participant

FROM: Tamara N. Brown, Coordinator-Recreation Specialist II

Thank you for your participation in the 2007 Suffolk Senior Games!!!
In participating in this year's Games you will be provided the opportunity to engage in a wonderful social activity where you can display your athletic talents and abilities.

The Suffolk Senior Games are open to all residents in Virginia age 50 years of age or older. To be eligible you must complete a registration form and pay the required fee(s). The fee(s) required are as follows:

Registration Fee: \$10.00 (includes one time fee for events & t-shirt)

Late Registration (after April 25, 2007): \$15

(A limited amount of t-shirts will be available to late registrations)

Please make check or money order payable to:

Ronald H. Williams, Treasurer

To complete your registration you can contact us at (757) 514-7270 or by fax at (757) 923-4768. Once you have completed the forms please send the completed registration and event form, along with the payment in the form of check or money order no later than May 15, 2007 to:

Tamara N. Brown, c/o Suffolk Senior Center

P.O. Box 1858

Suffolk, Virginia 23439

Once again thank you for participating in the Suffolk Senior Games 2007
...Let the Games Begin

*“You Don't Stop Playing Because You Grow Old
You Grow Old Because You Stop Playing” ...
Taken from the 2006 VSG Rulebook*