

2008 SENIOR GAMES

Participant Registration Form

For Office Use Only:	
Date Registered:	_____
Fee(s) Paid: Yes <input type="checkbox"/> No <input type="checkbox"/>	
Lunch: Monday <input type="checkbox"/> Tuesday <input type="checkbox"/>	
Registration Form Completed: <input type="checkbox"/>	
Registration Incomplete <input type="checkbox"/>	
Participant #:	_____
Staff Initials:	_____
Coordinator Initials:	_____

Name: _____ Phone: _____

Address: _____
(Street) (City) (State) (Zip Code)

Emergency Contact: _____ Phone: _____

Gender: Male Female Age: _____ Birthdate: _____

Age Group (circle one):
50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89 90-94 95 & up

T-shirt Size (circle one): S M L XL XXL XXXL other: _____

Consent to use Photographs:

I understand that photographs may be taken of me at any Parks and Recreation program or facility for publication in material used to promote department programs, classes or events.

Release and Waiver: In consideration of being permitted to participate in any way in the 2008 Senior Games, I for myself, my heirs, personal representatives or assigns, do hereby release, waive, and forever discharge the City of Suffolk, its Council members, officers, employees, and agents for liability from any and all claims, demands, rights and causes of action of whatever kind resulting in, but not limited to, bodily injury, personal injury, accident or illness (including death), and property damage sustained by me and my agents, representatives, employees, or family members arising from participation in the 2008 Senior Games.

Indemnification: I shall indemnify and hold harmless the City of Suffolk, its Council members, officers, employees, and agents from and against any and all claims, losses, damages, fines, penalties, suits and costs, including injury and death penalties imposed by any authority which arise out of any violation of law by, and all acts and omissions caused by me, my employees, subcontractors, agents, or representatives during the participation in the 2008 Senior Games.

Signature

Date



Event Entry Form

- Check the events you wish to enter.
- Please note that events may be cancelled and/or postponed due to inclement weather or insufficient participation.
- Same day registration will be permitted for any event where an (*) asterisk is indicated.
- Please make sure that you report to an event at the scheduled time or risk being disqualified.
- Awards will be given to winning participant after each event.

Saturday, May 17, 2008, Lonestar Lakes Park- 9am

Archery (Events coordinated by the Kingsboro Bowmen):

- Compound Fingers-finger shooter
- Compound Release-release aid
- Recurve

Monday, May 19, 2008, Suffolk Senior Center- 10am

***Basketball:**

- Free Throw
- Three-Point Shot

***Indoor Games:**

- Checkers
- Dominoes
- Table Tennis

Tuesday, May 20, 2008, Planters Park- 10am

Track & Field Events

- 50m Run
- 100m Run
- 1500m Walk
- Jump Rope
- Discus or Frisbee Throw
- Softball Hit & Throw or Bean Bag Toss

Special Accommodations Needed:

CITY OF SUFFOLK
Department of Parks & Recreation
Suffolk Senior Center

TO: 2008 Senior Games Participant

FROM: Tamara N. Brown, Coordinator-Recreation Specialist II

Thank you for your participation in the 2008 Suffolk Senior Games!!!
By participating in this year's Senior Games you will be provided the opportunity to engage in a wonderful social activity where you can display your athletic talents and abilities.

The Suffolk Senior Games are open to all residents in Virginia age 50 years of age or older. To be eligible you must complete a registration form and pay the required fee(s). The fee(s) required are as follows:

Registration Fee: \$10.00 (includes one time fee for events & t-shirt)

Late Registration (after May 7, 2008): \$15

(A limited amount of t-shirts will be available for late registrations)

Please make check or money order payable to:

Ronald H. Williams, Treasurer

To complete your registration you can contact us at (757) 514-7270 or by fax at (757) 923-4768. Once you have completed the forms please send the completed registration and event form, along with payment in the form of check or money order no later than May 13, 2008 to:

Tamara N. Brown, c/o Suffolk Senior Center

P.O. Box 1858

Suffolk, Virginia 23439

Once again thank you for participating in the Suffolk Senior Games 2008
...Let the Games Begin

*“You Don't Stop Playing Because You Grow Old
You Grow Old Because You Stop Playing”...
Taken from the 2006 VSG Rulebook*