

NEWS RELEASE

FOR IMMEDIATE RELEASE

June 13, 2011

Suffolk

VIRGINIA

It's a good time to be in Suffolk

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WHAT'S HAPPENING IN SUFFOLK THIS WEEKEND

SUFFOLK, Virginia (June 13, 2011)

SATURDAY, June 11

•Suffolk on the Move



Feeling a little inactive lately? Suffolk Partnership for a Healthy Community presents Suffolk on the Move in partnership with Suffolk Parks and Recreation. Join the Second Annual *5k Run/5k Walk/1 Mile Fun Walk* at Constant's Wharf & Marina on Saturday, June 11, 2011. The 5K run/walk begins at 8:00 a.m. and the 1 Mile fun walk begins at 8:15 a.m. Pre-registration for the event was required, as there will be no on-site/race-day registration. The events begin and end at Constant's Wharf, with an Awards Ceremony following the completion of events. For more information, contact Suffolk Parks and Recreation at 514-7250 or visit www.suffolk.va.us/parks/.

Humane Society Adopt-A-Thon



Suffolk Humane Society and Suffolk Animal Control will sponsor a special Kittens Only Adopt-A-Thon at the Chesapeake Square PetSmart® store, 4300 Portsmouth Blvd., Chesapeake, VA 23321, on Saturday, June 11 from 11:00 a.m. – 3 p.m. This Adopt-A-Thon has been

scheduled in addition to the “Sunny Summer” Adopt-A-Thons already scheduled for Sunday, June 12 and June 26, 2011 from 12 p.m. – 4 p.m. Those Adopt-A-Thons will feature dogs, cats, puppies and kittens.

"According to SpayUSA, an unspayed female cat, her mate and all of their offspring, producing two litters a year, with 2.8 surviving kittens per litter, can total over eight million cats over the course of eight years," said Lee Murphy, adoptions and foster coordinator for Suffolk Humane. "Until more spay and neuter, there will always be more cats than homes. We hope that some people will find it in their hearts to give these wonderful, loving kittens a home."

"Because it is kitten season, we wanted to have a special event where people who may be interested in adding a kitten to their homes could have a meet and greet," added Debie Jeffs, Shelter Manager for Suffolk Animal Control. "Cats are less demanding to care for, and they are perfect pets for so many people whose busy lives don't allow them to care for a dog. We hope that people will stop by and see the wonderful kittens we have available."

The Suffolk Humane Society is dedicated to promoting the welfare of companion animals in the community through sponsoring spay/neuter programs, placing homeless animals in loving permanent homes, and providing quality humane education with an emphasis on responsible pet ownership. Visit www.SuffolkHumaneSociety.com each week to get the latest information about the group's activities, including information about the fourth annual Mutt Strut Dog Walk and Festival scheduled for September 18, and to view the up-to-date photos of the adoptable animals at Suffolk Animal Control, 124 Forest Glen Drive, Suffolk (757-514-7855). Call Suffolk Humane 757-538-3030, option 5 for more information.

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