

NEWS RELEASE

FOR IMMEDIATE RELEASE

September 30, 2011

Suffolk

VIRGINIA

It's a good time to be in Suffolk

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**SMOKING CESSATION PROGRAM OFFERED AT EAST
SUFFOLK RECREATION CENTER**

SUFFOLK, Virginia (September 30, 2011) Never quit on trying to quit! East Suffolk Recreation Center will be hosting a smoking cessation class from September 28 until November 15. This class will be held on Tuesdays from 6:00-7:00 p.m. and is free to attend.

East Suffolk Recreation Center is located at 134 S. 6th Street, Suffolk, VA 23434. For more information, call (757) 923-2564.

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