

NEWS RELEASE

FOR IMMEDIATE RELEASE _____

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Tough Guys Adult Men's Flag Football Tournament

SUFFOLK, VA (October 5, 2011) Are you tough enough? Come run with the big dogs and show your speed, strength, and abilities. Join Suffolk Parks & Recreation on Saturday, November 19 and Sunday, November 20 at 7 p.m. when some of the toughest come out to play in the Tough Guys Adult Men's Flag Football Tournament.

Team registrations are now being accepted. The last day to register is November 4 at 5:00 p.m. The fee per team is \$250 and space is limited! Game site to be announced. A cash prize will go to the first place winner.

For more information, call Jason Jones at 757-514-7254.

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