

## **NEWS RELEASE**

**FOR IMMEDIATE RELEASE** \_\_\_\_\_

January 10, 2012



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### **BALLET CLASSES SCHEDULED**

SUFFOLK, VA (January 10, 2012) Help develop gross motor skills, balance and posture in the child or young adult in your life. Suffolk Parks and Recreation is offering a series of ballet classes for all ages and skill levels, starting in January and running through May 15.

The schedule features the following:

Beginning Ballet (ages 5-10)

Mondays, 6:00-6:45 p.m.

Beginning Ballet II (ages 11-13)

Mondays, 7:00-8:00 p.m.

Creative Movement Class (ages 3-4)

Tuesdays, 6:00-6:30 p.m.

*(more)*

Beginning/Intermediate Ballet (ages 14 and up)

Tuesdays 6:45-8:15 p.m.

Consistent attendance is recommended. All classes will be held at Mack Benn Recreation Center, located at 1259 Nansemond Parkway.

Fees are \$25 for Beginning Ballet, \$30 for Beginning Ballet II, \$20 for Creative Movement, and \$35 for Beginning/Intermediate classes.

For more information, contact Rebecca Skinner at (757) 514-4502.

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