

Ballet

CLASSES

Extremely beneficial for the body and mind, ballet helps children with developmental skills, gross motor skills, balance and posture. Plus, it's a great workout! Did you know that a ballet class is designed to work every muscle in your body. Most importantly, it's fun and gives you confidence!



Join Parks and Recreation for our new ballet classes at
Mack Benn Recreation Center (1259 Nansemond Parkway)

Creative Movement

(3 & 4 year olds)

Tuesdays, January 24-May 15, 2012

6:00-6:30 pm

\$20 per session fee

Beginning Ballet

(5-10 year olds)

Mondays, January 23-May 14, 2012

6:00-6:45 pm

\$25 per session fee

Beginning Ballet II

(11-13 year olds)

Mondays, January 23-May 14, 2012

7:00-8:00 pm

\$30 per session fee

Beginning/Intermediate Ballet

(14 years old and up)

Tuesdays, January 24-May 15, 2012

6:45-8:15 pm

\$35 per session fee

*Registration
begins
January 9, 2012*

*Spring recital
performed in
May (costume
fee applies)*

FOR MORE INFORMATION, CALL REBECCA SKINNER AT (757) 514-4502
OR E-MAIL RSKINNER@SUFFOLKVA.US