

NEWS RELEASE



FOR IMMEDIATE RELEASE

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Anytime Fitness Gears up to offer additional classes in Suffolk

Anytime Fitness is pleased to announce they are expanding into 1,200 square-feet of additional space at 2999 Corporate Lane, in the Godwin Marketplace. They originally opened in January 2010 offering members 24-hour access to their full line of state-of-the-art strength training and cardiovascular equipment. With this expansion, Anytime Fitness is now offering group exercise classes to include TurboKick, Zumba, Ab classes and more beginning in September.

Anytime Fitness is the leader in 24-hour co-ed adult fitness with over 1,300 clubs nationwide. They use a security-access key to enter the club, even when it is not staffed. Once inside, members have full use of the equipment along with the 24-hour tanning bed.

“So many fitness facilities require members to pay for services that they never use,” said Steve Cross, club owner. “At Anytime Fitness we want our members to be able to customize their membership. With the addition of group exercise classes we will provide another option to help members and non members reach their fitness goals.”

“Expansion of a business is always wonderful to hear especially when it comes only 8 months after opening,” said Mayor Linda T. Johnson. “Anytime Fitness continues to meet the needs of our citizens and is committed to transitioning this facility from a “product” to a “total” fitness experience.”

To reserve an Anytime Fitness membership or to find out more about the club, please call 757.809.3116, or visit www.anytimefitness.com.

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