

NEWS RELEASE

FOR IMMEDIATE RELEASE

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Spring Athletic Leagues Offered by Parks & Recreation

SUFFOLK, VIRGINIA (February 7, 2011): Suffolk Parks and Recreation is feeling the fever of spring and has a great lineup of athletic leagues!

Adult Men's Spring Flag Football League

The Adult Men's Spring Flag Football League is for adult men ages 18 and up. A league meeting will be held on Friday, March 4, 2011, at East Suffolk Recreation Center at 6 p.m.

The fee is \$320 per team and registration is ongoing until Saturday, February 26th. East Suffolk Recreation Center is located at 138 S. 6th Street, Suffolk, VA 23434.

Co-Ed Adult Kickball

Your favorite school-time recess and schoolyard game is back for adults: the Co-ed Adult Kickball League for adult men and women, ages 18 and up! An interest meeting will be held on Wednesday, March 2, 2011. A league meeting will be held Wednesday, April 6. Both meetings will be held at Mack Benn Recreation Center beginning at 6:30 p.m. Games will be held on Mondays beginning April 18th.

The fee is \$200 per team and the registration deadline is April 4, 2011. Mack Benn Recreation Center is located at 1253 Nansemond Parkway, Suffolk, VA 23434.

Women's Spring Basketball League

Calling all female basketball players! The Women's Spring Basketball League is for women ages 18 and up. An interest meeting will be held on Tuesday, February 8, 2011, and a league meeting will be held on Wednesday, March 16, 2011. Both meetings will be held at Northern Shores Recreation Center beginning at 6:30 p.m. Games will be played on Sundays, beginning on March 20th.

The fee is \$300 per team and the registration deadline is March 11, 2011. Northern Shores Recreation Center is located at 6701 Repass Beach Road, Suffolk, VA 23434.

Co-ed Adult Church Basketball League

The Co-Ed Adult Church Basketball League is designed for adult men and women, ages 18 and up. There is an eight-team entry limit. An interest meeting will be held on Tuesday, February 10, 2011, and a league meeting will be held on Tuesday, March 8th. Both meetings will be held at Booker T. Washington Recreation Center at 6:30 p.m. Games will begin on March 14th.

The fee is \$320 per team and the registration period runs February 1-March 1, 2011. Booker T. Washington Recreation Center is located at 204 Walnut Street, Suffolk, VA 23434.

For more information, call Jason at 757-514-7254 or Ava at 514-4504.

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