

NEWS RELEASE

FOR IMMEDIATE RELEASE

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What's Happening in Suffolk This Week...

SUFFOLK, VA (June 21, 2010)

TUESDAY

Suffolk Art League's Annual Open Member's Show

Beginning Tuesday, June 23, 2010 (and running through July 23rd), this annual exhibit at the Suffolk Museum includes a variety of original artwork by Suffolk Art League members. Free and open to the public. The Suffolk Museum is located at 118 Bosley Avenue, Suffolk, VA 23434.

WEDNESDAY

Suffolk Farmers' Market

Held beneath brightly striped tents at "Market Park" (the mini-park adjacent to the Seaboard Station Railroad Museum at 326 N. Main Street), the Market will operate rain or shine on Wednesdays from 3 p.m. to 6 p.m. and Saturdays from 9 a.m. to 3 p.m. through September.

FRIDAY

• TGIF Series Concert and National Night Out Duck Race at Constant's Wharf Park & Marina

A Friday night of free fun for the entire family! Unwind at the Wharf after a long work week... enjoy music, food, and great company on Friday, June 25, 2010, from 5:30 to 9:30 p.m. Shake your tail feathers to the sounds of Slapwater, sponsored by Parks & Recreation. The National Night Out Duck Race will take place during the band's first break. Stop by the Suffolk National Night Out Tent for a free treat and learn how you can be a part of Suffolk's National award-winning team! Free and open to the public. Concessions will open at 5:30 p.m.

SATURDAY

- *Suffolk Farmers' Market*

Held beneath brightly striped tents at "Market Park" (the mini-park adjacent to the Seaboard Station Railroad Museum at 326 N. Main Street), the Market will operate rain or shine on Saturdays from 9 a.m. to 3 p.m. and Wednesdays from 3 p.m. to 6 p.m. through September.

- *Fun Fest*

July is National Recreation and Parks Month and it is time to celebrate being active. Join Suffolk Parks and Recreation on Saturday, June 26, 2010, for FUN FEST, to celebrate the Suffolk citizen's initiative on active living. The event will be from 10:00 a.m. until 12:00 p.m., following the Suffolk on the Move one-mile fun run and 5k run/walk at Constant's Wharf Park & Marina. There will be a magician, bounce house, canoe rides, giveaways, games and plenty of fun activities! The event is free and open to the public.

- *Suffolk On The Move*

There's more to the catchy phrase "Let's Get Suffolk on the Move" than meets the ear! A one-mile fun run and 5K walk/run will be held at Constant's Wharf Park & Marina on Saturday, June 26, 2010, marking the start of a year-long campaign to inspire and encourage Suffolkians of all ages to become more active! On-site registration will be available beginning at 7 a.m. The 5K begins at 8 a.m. and the one-mile walk at 8:15 a.m. Registration is FREE. Participants are asked to donate one canned good to support Suffolk Food Pantries. Wheelchairs, strollers and wagons are permitted on the one-mile walk. Registration forms are also available at HYPERLINK "http://www.suffolkpartnership.com" www.suffolkpartnership.com or HYPERLINK "http://www.suffolk.va.us/parks" www.suffolk.va.us/parks.

- *Cedar Hill Cemetery Lantern Tour*

Did you know there is a lion trainer buried at Cedar Hill Cemetery? Lantern Tours of the Cedar Hill Cemetery are departing the Visitor Center at 7 p.m. on Saturday, June 26, 2010. At \$5 per person, bring the whole family for a unique look at this historic Suffolk location during a guided lantern tour.

SUNDAY

- *Cedar Hill Cemetery Lantern Tour*

Did you know there is a lion trainer buried at Cedar Hill Cemetery? Lantern Tours of the Cedar Hill Cemetery are departing the Visitor Center at 7 p.m. on Sunday, June 27, 2010. At \$5 per person, bring the whole family for a unique look at this historic Suffolk location during a guided lantern tour.

- *Animal Adoption at Petsmart*

Suffolk Animal Shelter personnel will have pets in need of homes at the Chesapeake Square Petsmart on Sunday, June 27th, from 10 a.m. to 3 p.m. Your new best friend may be waiting for you!

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