

NEWS RELEASE

FOR IMMEDIATE RELEASE _____

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What's Happening in Suffolk This Week...

SUFFOLK, VA (May 25, 2010)

WEDNESDAY

• *First Annual KidsFest*

Join the Suffolk Early Childhood Development Commission and Suffolk Parks and Recreation at KidsZone for the first annual KidsFest on Wednesday, May 26, 2010, from 10:00 a.m. until 12:00 p.m. This event not only celebrates the completion of phase II of KidsZone, Suffolk's community-built playground behind Farm Fresh on Main Street, but also provides a fun event just for preschool children (ages 0-5). Come prepared for fun! There will be games, a bounce house, fire truck, bubble station (provided by the Children's Museum), tumble bus (provided by Triple T), block building, face painting, play dough tables, and much more! This event is free and open to the public. KidsZone is located behind Farm Fresh at 1401 N. Main Street.

• *Suffolk Farmers' Market*

Held beneath brightly striped tents at "Market Park" (the mini-park adjacent to the Seaboard Station Railroad Museum at 326 N. Main Street), the Market will operate rain or shine on Wednesdays from 3 p.m. to 6 p.m. and Saturdays from 9 a.m. to 3 p.m. through September.

SATURDAY

• *Suffolk Farmers' Market*

Held beneath brightly striped tents at "Market Park" (the mini-park adjacent to the Seaboard Station Railroad Museum at 326 N. Main Street), the Market will operate rain or shine on Saturdays from 9 a.m. to 3 p.m. and Wednesdays from 3 p.m. to 6 p.m. through September.

• *Canoe in the Great Dismal Swamp*

Join Liquid Lessons for a half-day, guided canoe tour of Lake Drummond in the Great Dismal Swamp. The tour departs from the Suffolk Visitors Center, 321 N. Main Street. All equipment for this in-depth tour is provided by Liquid Lessons. Participants must be eight years or older and accompanied by a parent or legal guardian if younger than 12. Tours cost \$35 per person.

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