

NEWS RELEASE
FOR IMMEDIATE RELEASE
April 29, 2011



Contact:
Debbie George
757-514-4106
757-374-1770

What's Happening in Suffolk This Weekend...

SUFFOLK, VA (April 29, 2011)

SATURDAY, April 30-May 1

- *Festival of Flight*



The Virginia Regional Festival of Flight is more than just a gathering of aircraft, their pilots, owners and builders. It is an exciting participatory experience. Attendees will find activities for all ages. The Festival of Flight will be held on April 30 and May 1 at the Suffolk Executive Airport.

For more information, contact 804-358-4333 or 703-581-7667 or www.virginiaflyin.org.

Suffolk Executive Airport is located at 1200 Gene Bolton Drive Suffolk, VA 23434

- *Youth Basketball*

On Saturday, April 30, 2011 from 10am-3pm East Suffok Recreation Center will host a Youth Basketball Clinic. Instructed by a former collegiate athlete, this clinic will teach boys & girls, ages 8-11, the fundamentals of basketball. This includes proper shooting technique, dribbling and passing skills, and good sportsmanship.



Fee for the Clinic is \$20 per child. For more information, contact Ashley Green at 757-514-7247

• *Master Gardeners Plant Sale*



Suffolk Master Gardeners are planning a fabulous Spring Plant Sale event! Saturday, April 30th 9 AM- 2 PM at the National Guard Armory, 2761 Godwin Boulevard, Suffolk. Master Gardeners will have perennials from their own gardens that are proven Hampton Roads winners, heirloom tomatoes, flowers and bushes from a local wholesale nursery, some that are not usually available to the public, and other plants and items that have been donated by local nurseries. There will be a drawing at the end of the day for prizes—no need to be present to win. You can speak with Master Gardeners about gardening in this area, sign up for future Master Gardening courses or for Rain Barrel classes. Only cash or checks with proof of ID will be accepted at the Plant Sale. Come browse and bring a friend! You won't believe the unbeatable prices! Sign up for the drawing! To contact the Suffolk Master Gardeners or to sign up for future classes, you can call the VT Cooperative Extension office secretary: Susan Sharp at 757-514-4331.

• *Bike Fun and Safety Day*

Join Suffolk Parks and Recreation and the Suffolk on the Move Committee on Saturday, April 30, 2011, from 11 a.m. until 2 p.m. for Bike Fun and Safety Day at Bennett's Creek Park! This event is free and open to the public. Families and individuals are invited to participate in a bike parade and fun bike races. Vendors will be on site to provide demonstrations, educational resources, and safety tips for bikers. There will also be prizes and giveaways. For more information, contact Helen Gabriel at (757) 514-7250.



Bennett's Creek Park is located at 3000 Bennett's Creek Park Road, Suffolk, VA 23435. For more information, contact Helen Gabriel at (757) 514-7250.

• *National Take-Back Initiative Day*



On April 30, 2011, the Drug Enforcement Administration Richmond District will partner with Virginia State Police, Suffolk Police Department and other local agencies to conduct a **state wide** prescription drug take-back day in order to reduce the amount of unused prescription drugs present in the Commonwealth of Virginia. The event, National Take-Back Initiative Day, is a collaborative effort to remove potentially dangerous prescription drugs from our nation's homes. A national take-back day will provide a unified opportunity for the public to surrender expired, unwanted, or unused pharmaceutical controlled substances and other medications to law enforcement officers for destruction.

Suffolk Police investigators will be on hand at the Walmart located at 1200 North Main Street and the Bennett's Creek Pharmacy located at 3219 Bridge Road from 10:00 a.m. – 2:00 p.m. to collect unwanted and unneeded prescription drugs.

This program provides an opportunity for everyone to clean out their medicine cabinets. Controlled, non- controlled, and over the counter substances may be collected. No questions or requests for identification will be made. Participants may dispose of medication in its original container or by removing the medication from its container. If an original container is submitted, we ask that you remove any identifying information from the prescription label. All solid dosage pharmaceutical product and liquids in consumer containers may be accepted. Liquid products, such as cough syrup, should remain sealed in their original container. Intravenous solutions, injectibles, and syringes will not be accepted due to potential hazard posed by blood-borne pathogens.

For more information on this event, contact Lt. Tim Duncan, Special Investigations Unit with the City of Suffolk Police Department, at 757-514-7951 or e-mail tduncan@suffokva.us.

SUNDAY, May 1

• *Adopt-a-Thon*

The days are getting warmer and longer and that means more play time with a furry best friend. Suffolk Humane Society will partner with Suffolk



Animal Control and sponsor two “Let’s Play in May” adopt-a-thons at the Chesapeake Square PetSmart® store, 4300 Portsmouth Blvd., Chesapeake, VA 23321, on Sunday, May 1 and May 15, 2011 from 2 p.m. – 6 p.m.

“We have so many wonderful pets just waiting to for someone to play or cuddle with. We hope that people will come to see them, give them some love and attention and maybe take a new best friend home,” said Lee Murphy, adoptions and foster coordinator for Suffolk Humane.

“It’s puppy and kitten season, and as a result, we have so many dogs, cats, puppies and kittens,” added Debie Jeffs, shelter manager for Suffolk Animal Control. “We hope people will consider adding a new furry playmate to their families.”

The Suffolk Humane Society is dedicated to promoting the welfare of companion animals in the community through sponsoring spay/neuter programs, placing homeless animals in loving permanent homes, and providing quality humane education with an emphasis on responsible pet ownership. Visit www.SuffolkHumaneSociety.com each week to get the latest information about the group’s activities, including information about the fourth annual Mutt Strut Dog Walk and Festival scheduled for September 18 and to view the up-to-date photos of the adoptable animals at Suffolk Animal Control, 124 Forest Glen Drive, Suffolk (757-514-7855). Call Suffolk Humane 757-538-3030, option 5 for more information.

###