

REMINDER

FOR IMMEDIATE RELEASE _____

May 18, 2010



Contact:

Debbie George

757.514.4106

757.374.1770

Summer Activities from Parks & Recreation

SUFFOLK, VA (April 13, 2010) Join Suffolk Parks and Recreation for the following summer activities:

Boating Safety Class

Effective July 1, 2010, ALL PW (Personal Water Craft, i.e., jet skis) operators 35 years of age and younger will be required to have successfully completed an approved boating safety program.

On Saturday, May 22, 2010, Suffolk Parks and Recreation will be offering a Virginia Department of Game and Inland Fisheries Boating Safety course to meet this General Assembly requirement free of charge! The class will take place at Oakland Recreation Center, located at 5505 Godwin Blvd., Suffolk, VA 23434, from 9:00 a.m. until 5:00 p.m. Pre-registration is required and participants will need to bring a bag lunch.

For more information, please call 757-514-7246.

Hoops 4 Life

This Basketball 101 program will improve the level of basketball while addressing important life lessons and values. Youth will learn the value of discipline, teamwork, and the importance of setting goals. In addition to basketball training

there will be incredible guest speakers, video lessons, and workshops.

Hoops 4 Life is held Monday through Friday from 8:00 a.m. until 3:00 p.m. with three sessions. The first session is June 28 through July 2. The second session is July 5 through July 9. The third session is July 12 through July 16. The fee is \$25 per session. Registration begins April 19 and ends May 28. Hoops 4 Life will take place at East Suffolk Recreation Center, located at 138 S 6th Street, Suffolk, VA 23434.

For more information, please call 757-514-7265 or 757-514-7254.

###