

**NEWS RELEASE**  
**FOR IMMEDIATE RELEASE**  
February 4, 2010



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### **Artist to Present Symbolic Journal Book Workshop**

SUFFOLK (February 4, 2010) Artist Catherine Mein will present a workshop entitled "Symbolic Journal Book" on Sunday, April 10, 2010, at the Suffolk Museum from 10 a.m. to 3 p.m.

Sacred symbols and their meanings will be explored at this workshop. Participants will have a finished journal book that will include their choice of symbols using an antique copper painting technique. Working with acrylics and recycled materials, Catherine will guide you to successfully complete a meaningful work of art. This workshop is sponsored by the Department of Parks and Recreation.

The fee for the workshop is \$45.00 and includes all supplies. Please make checks payable to Ronald Williams, Treasurer, and include two phone numbers on your check. The deadline for registration is April 3, 2010.

For more information call the Suffolk Museum at (757) 514-7284. The Suffolk Museum is located at 118 Bosley Avenue, Suffolk, VA 23434.

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