



**Department of Parks and Recreation**

City of Suffolk  
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**NEWS RELEASE-**

**FOR IMMEDIATE RELEASE**

**SUFFOLK, VA – October 21, 2008** - For those interested, Suffolk Parks and Recreation will be holding a Youth Cheering Clinic on Saturday, November 15, from 9 a.m. – 12 p.m. at Kings Fork Middle School, 350 Kings Fork Road.

Instructor Jackie Hearp will teach youth ages 5-14 basic cheering formations as well as stunts, tumbling, motion drills and team building exercises. Jackie has worked with 5 Star, Fame and Virginia Wild Cheering.

Registration is required; deadline to register is November 12. You may register at the Parks and Recreation Administrative Office, 110 W. Finney Ave., (3<sup>rd</sup> floor), or at any recreation center. The cost for this clinic is \$10.

For more information, please call the Athletic Office at 514-7254.

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*Don't Hesitate . . . Recreate!*