

NEWS RELEASE
FOR IMMEDIATE RELEASE



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SEPTEMBER GOOD TIMES

SUFFOLK, VA: The following variety of good-time activities are offered during the month of September:

Great Dismal Swamp National Wildlife Refuge Narrated Bus Tour

TBD: Despite its foreboding moniker, the Great Dismal Swamp is one of few remaining American wildernesses and is home to black bear, bobcats, river otters, rattlesnakes and many rare plants. The Great Dismal boasts 200 species of birds, yellow-bellied and spotted turtles, lizards, salamanders, frogs and toads. Tours depart from the Suffolk Visitor Center at 9:30 a.m. and return at 1:30 p.m. The cost is \$10 for adults and \$8 for seniors and children. Suffolk Visitor Center, 514-4130, Suffolk-Fun.com.

Historic Suffolk Narrated Bus Tour

TBD: Suffolk's rich heritage dates back to the early 17th century when Captain John Smith first encountered the Nansemond Indians. Local historian Sue Woodward introduces the people and places of historic downtown. Tour departs from the Suffolk Visitor Center at 2 p.m. and returns at 3:30 p.m. The cost is \$8 for adults and \$6 for seniors and children. Suffolk Visitor Center, 514-4130, Suffolk-Fun.com.

Suffolk Farmers' Market in Downtown Suffolk

W & S: Enjoy the best in locally grown fresh fruits and vegetables, seafood, eggs, honey, homemade jams and jellies, baked goods, fresh cut flowers, plants and handmade jewelry and crafts. Held beneath brightly striped tents in the mini-park adjacent to the Seaboard Station Railroad Museum at 326 N. Main Street, the market operates Wednesdays from 3 p.m. to 6 p.m. and Saturdays 9 a.m. to 3 p.m. For more information or to become a vendor, contact the Suffolk Visitor Center, 514-4130, Suffolk-Fun.com.

TGIF Summer Concert Series featuring "Island Boy"

3: Unwind at Constant's Wharf Park with food and great company while enjoying the sounds of beach music. Free and open to the public. The fun begins at 5:30 p.m. and ends at 9 p.m. Sponsored by Suffolk Parks and Recreation, Bronco Federal Credit Union and Pender and Coward Law Office. Suffolk Parks and Recreation, 514-7267, suffolk.va.us/parks.

Taste of Suffolk Downtown Street Festival

11: Join us for the 4th annual Taste of Suffolk Downtown Street Festival, a family-

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friendly event complete with two stages for all day entertainment! Sample signature

dishes, browse through the new car exhibition, enter a food eating contest, play a game and shop with on-site merchants and at unique boutiques. The event begins at 10 a.m. and will conclude around 5 p.m. Free and open to the public. Suffolk Visitor Center 514-4130, Suffolk-Fun.com

Canoe Lake Drummond in the Great Dismal Swamp

18: Paddle the unusual and breathtaking Lake Drummond, a 3,108-acre bowl-shaped lake at the center of the Great Dismal Swamp. Guided by Liquid Lessons, all equipment is provided. Tour departs from the Suffolk Visitor Center at 9 a.m. Participants must be 8 years or older and accompanied by a parent or legal guardian if younger than 12. Tours cost \$35 person. Suffolk Division of Tourism, 514-4130, Suffolk-Fun.com.

Suffolk Humane Society's Third Annual Mutt Strut Dog Walk and Festival

19: Enjoy a day of doggone fun supporting the Suffolk Humane Society's rescued animals! This event includes a pledge walk, food, music, entertainment, pet-related exhibitors, rescue groups and much more. The event begins at 1 p.m. and ends at 5 p.m. Free and open to the public. Suffolk Humane Society, 538-3030, suffolkhumanesociety.com.

Queen's Luncheon & Fashion Show (Peanut Fest Kick-off)

30: Enjoy this annual luncheon with the queen and her court while viewing the latest trends at this popular fashion show by the Pilot Club of Suffolk. This is the first in a series of Peanut Fest events over the traditional week of fun in Suffolk. The luncheon begins at 12 p.m. Tickets cost \$15 per person and are available at the Suffolk Visitor Center, 514-4130, suffolkfest.org.

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