

NEWS RELEASE

FOR IMMEDIATE RELEASE

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SUFFOLK POLICE DEPARTMENT ANNOUNCES SENIOR CITIZENS ACADEMY

SUFFOLK, VA (March 23, 2015) The Suffolk Police Department announces their *Senior Citizens Academy*, starting on Wednesday, April 29th and running each Wednesday morning through June 10th with the goal of improving personal safety and learning how the local Police Department operates through exciting and informative presentations and demonstrations.

When asked about the Academy, Chief of Police Thomas Bennett stated, "The active older adult population is a vital part of the Suffolk community, and this Academy is designed to provide valuable information to keep them safe and well informed. We also believe that older adults and retirees are an untapped resource for volunteerism, and look forward to sharing the ways they might help make our Department even better."

The weekly sessions will be held at Suffolk Police Headquarters, located at 111 Henley Place, from 9:00 a.m. until noon throughout the course session. Topics to be covered include personal safety, cyber safety, volunteering, navigating a terrorist incident, handling encounters with police, a tour of the new E911 facility at City Hall,

as well as a tour of the Suffolk Police Department Command Vehicle, SWAT and Marine Patrol demonstrations, and much more!

Citizens wishing to participate can complete their applications online at www.suffolkpd.com, or mail their completed applications to: Suffolk Police Department, Attn: Sgt. Cheryl Balzer, 111 Henley Place, Suffolk, VA 23434. A background check will be completed on all persons applying to participate. For more information, please call 757.514.7913.

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