

NEWS RELEASE

FOR IMMEDIATE RELEASE

July 12, 2013



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What's Happening in Suffolk This Week ...

Saturday, July 13

Farmers' Market & Farmers' Market First Saturdays



Don't forget to visit The Suffolk Farmers' Market at the Suffolk Visitor Center Pavilion, 524 North Main Street. Located conveniently behind the Suffolk Visitor Center, the Market is situated at the corner of Constance Road and North Main Street, the gateway to Suffolk's downtown historic district. Market goers will enjoy a variety of fresh local produce, baked goods and handmade crafts. As with all Market activities, admission is free and open to the public. The Market will operate Wednesdays 3 p.m. to 6 p.m. and Saturdays 9 a.m. to 2 p.m. through November 23, 2013. Various themed days are scheduled throughout the season which will also feature special entertainment and activities slated for the first Saturday of each month. The theme for this Saturday will be *Bicycle Safety*. Make sure you meet Nat Knight at the National Night Out booth,

and learn more about this year's exciting National Night Out events. For questions, please contact the Suffolk Visitor Center at 757-514-4130 or log onto www.Suffolk-Fun.com/farmers-market.html for details. The Suffolk Farmers' Market is produced by the City of Suffolk Division of Tourism.

VENDORS INCLUDE: Acorn Hill Farms Produce, LLC; Green Pastures Farm; JC3 Family Farm; Noriega Farms; Rosa's Garden; Smithfield Orchid and Nature Co.; Sporganic Cultivations; Thomas Earl Boothe; Apron Strings; Whole-ly Rollers, LLC; Oberweis Dairy; Amelia's Heirlooms; B & C Wooden Toys; Handmade Items by Bonnie Lee Munden; The Candle Forge; Handcrafting with Wood; Norman Beckett; Perry's Totes; and Tori Sophia Designs. Potential vendors should contact Kevin Sary, Suffolk Division of Tourism, at 757.514.4130, or email VisitSuffolk@suffolkva.us. Suffolk-Fun.com

Friday, July 12

T.G.I.F. Summer Concert Series



Unwind at the Wharf after a long work week! Enjoy music, food and great company. Each Friday evening is highlighted by a different musical genre. Enjoy the sounds of salsa, bluegrass, R & B, rock-n-roll, country, dance, beach music and more! On Friday, July 12,

The Deloreans will be the band for this night's event. The TGIF concert will be held at Constant's Wharf Park & Marina, 100 East Constance Road, from 6:30 p.m. to 9:30 p.m. Event is free and open to the public. For more information call 757-514-7250 or visit www.suffolkva.us/parks.

Saturday, July 13

Teen Improv Theater



Do you like the drama of it all? Do you like to perform for friends and family? If so, you can win prizes by playing improv games at the North Suffolk Library, located at 2000 Bennett's Creek Park Road. The library will host an Improv Theater on Saturday, July 13 at 2 p.m. This event is open to teens aged 12-19.

For more information, call 514-7150.

Saturday, July 13

"I Love My Parks & Recreation"



Join Suffolk Parks & Recreation at the Howard Mast Tennis Complex, 201 Holly Lawn Parkway, on July 13 from 9 a.m. to 2 p.m., as we celebrate National Parks & Recreation Month. This year's theme is "*I Love My Parks & Recreation.*" There are several wonderful events planned. Come and enjoy music, bounce houses, treats, and much more. All events are free

and open to the public.

For more information, contact Suffolk Parks & Recreation at 514-7250.

Saturday, July 13

Recycling Drive and Tire Amnesty Day



With Suffolk's National Night Out right around the corner, now is the perfect time to "green" your community by participating in the Suffolk Clean Community Commission Recycling Drive and Tire Amnesty Day scheduled for Saturday, July 13, 2013, 10 a.m. to 2 p.m., in the Lowe's Store parking lot, 1216 North Main Street.

Materials to be recycled include: tires (residential-use only, no businesses permitted, acceptable tires must be off the rim, automobile and light truck weight/size no greater than 22" in diameter, will not accept heavy equipment or off-the-road tires), electronics (Goodwill will collect gently used clothing, home décor, furniture, computers, laptops, cell phones, and other data storing technology but will not accept TV's with tubes, will only accept flat screens), all types of paper, including mixed paper (magazines, catalogs and newspaper), empty food boxes/cardboard boxes (must be flattened), steel, tin and aluminum cans, alkaline batteries (AA, AAA, C, D, 9V), glass containers (bottles and jars), and all plastic bottles (#1 and #2).

TFC Recycling will responsibly recycle steel and aluminum cans, glass containers, and all plastic bottles. Event attendees will receive a free reusable shopping bag.

Cintas Document Management will also be providing on-site shredding of sensitive documents. There is a limit of three copy-paper-size boxes or three brown paper bags per person. You must stay with your documents until you've handed them to the Cintas driver in the truck.

Mark your calendar for future recycling drive events as well: October 26 - Bennett's Creek Park and January 11, 2014 – Lowe's Parking Lot.

As this event is also sponsored by Suffolk's National Night Out Committee, be sure to join with your friends and neighbors to clean-up your community and say no to crime. National Night Out is scheduled for Tuesday, August 6 with block parties dotting the landscape across the City of Suffolk.

For more information on the recycling event, contact Robin R. Moore at 757-514-7663 or email rrmoore@suffolkva.us. For more information on National Night Out, visit www.suffolknno.org.

June 18 – July 19

Suffolk Art League hosts Annual Open Members' Show



Interested in art? Then swing by the Suffolk Art Gallery from June 18 through July 19 to take in the stunning works of area artists. The exhibit is open to both members and non-members. Original works in any media are eligible, provided they have been completed within the past two years and have not been shown at the Suffolk Art Gallery, 118 Bosley Avenue.

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