

## **NEWS RELEASE**

**FOR IMMEDIATE RELEASE**

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**Contact:**

Diana L. Klink  
757.514.4104  
757.359.1845

Tim Kelley  
757.514.4103  
757.871.3039

### **RUN FOR THE GOLD AND COMPETE IN THE SUFFOLK HERSHEY TRACK & FIELD MEET**

SUFFOLK, VA (March 21, 2014) What are the Suffolk Hershey Track & Field Games all about? Simply put, the games help get kids on the right track and teaches them lifelong lessons every step, leap, jump and throw along the way.

Suffolk's Hershey Track & Field Meet is set for Wednesday, May 21<sup>st</sup>, from 4 p.m. to 6 p.m. at Planter's Park, 515 York Street. All boys and girls ages 9 to 14 must register prior to participation.

Registration will be held April 1<sup>st</sup> through May 16<sup>th</sup> at the Parks & Recreation Administration Building from 8:30 a.m. to 5 p.m. The office is located at 134 South 6th Street. Registration can also be done after 5 p.m. at East Suffolk Recreation Center and at the joint use recreation centers located at Mack Benn Jr., Creekside, Oakland, Northern Shores, and Kings Fork Middle Schools. Proof of age is required at the time of registration.

Volunteers are also needed to make this event a success. The Hershey Track & Field Games are the largest youth sports program of its kind in North America, with hundreds of thousands of children competing every year. Everyone has a chance to be among the 480 athletes who qualify to compete at the North American Final in Hershey, Pennsylvania. The Hershey Track & Field Games have produced many Olympic medalists and competing athletes. The event is free and open to the public!

For more information or to volunteer, contact Roberto J. Ramos at 757-514-7270 or rramos@suffolkva.us.

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